



**The Sunday Sheet for  
The 5<sup>th</sup> Sunday of Lent (Passion Sunday)  
Sunday 22<sup>nd</sup> March 2026**

*A very warm welcome as we gather for the **Parish Eucharist**  
An induction loop is provided.*

***Gluten free wafers are available*** for those who need them. Please inform one of the  
welcomers who will pass the information on to the clergy. Many thanks

**Entrance Hymn**

*Lift high the cross, the love of Christ proclaim  
till all the world adore his sacred name.*

Come, let us follow where our Captain trod,  
our King victorious, Christ the Son of God.

Led on their way by this triumphant sign,  
the hosts of God in conquering ranks combine.

Each new-born soldier of the Crucified  
bears on his brow the seal of him who died.

Saved by the cross whereon their Lord was slain,  
earth's fallen children their lost home regain.

O Lord, once lifted on the glorious tree,  
as thou hast promised, draw us unto thee.

For thy blest cross which doth for all atone  
creation's praises rise before thy throne.

*George William Kitchin 1827-1912  
& Michael Robert Newbolt 1874-1956  
Tune: Crucifer*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you  
**and keep you in the love of Christ.**

*The priest gives an introduction to the Eucharist and calls the people to penitence.*

Lord Jesus, you were sent to heal the contrite.  
Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you came to call sinners.  
Christ, have mercy: **Christ, have mercy.**

Lord Jesus, you plead for us at the right hand of the Father.  
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,  
forgive you and set you free from sin,  
and keep you in eternal life. **Amen.**

## **The Collect**

Let us pray:

Most merciful God,  
who by the death and resurrection of your Son Jesus Christ  
delivered and saved the world:  
grant that by faith in him who suffered on the cross  
we may triumph in the power of his victory;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

*Please Sit*

## **Romans 8. 6-11**

A reading from the letter of Paul to the Romans.

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. <sup>7</sup>For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, <sup>8</sup>and those who are in the flesh cannot please God.

<sup>9</sup> But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. <sup>10</sup>But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. <sup>11</sup>If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through<sup>e</sup> his Spirit that dwells in you.

For the word of the Lord  
**Thanks be to God.**

## **The Gospel**

*Please Stand*

Praise to you, O Christ our Saviour,  
Word of the Father, calling us to life;  
Son of God who leads us to freedom:  
glory to you, Lord Jesus Christ.

You are the Word who calls us out of darkness;  
you are the Word who leads us into light;  
you are the Word who brings through the desert:  
glory to you, Lord Jesus Christ.

Praise to you, O Christ our Saviour,  
Word of the Father, calling us to life;  
Son of God who leads us to freedom:  
glory to you, Lord Jesus Christ.

*Bernadette Farrell b.1957*

## **John 11. 3-7, 17. 20-27, 33-45**

Listen to the Gospel of Christ according to John.

**Glory to you, O Lord.**

Martha and Mary sent a message to Jesus, 'Lord, he whom you love is ill.' But when Jesus heard it, he said, 'This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it.' Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was. Then after this he said to the disciples, 'Let us go to Judea again.' When Jesus arrived, he found that Lazarus had already been in the tomb for four days. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, 'Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.' Jesus said to her, 'Your brother will rise again.' Martha said to him, 'I know that he will rise again in the resurrection on the last day.' Jesus said to her, 'I am

the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?' She said to him, 'Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.' When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, 'Where have you laid him?' They said to him, 'Lord, come and see.' Jesus began to weep. So the Jews said, 'See how he loved him!' But some of them said, 'Could not he who opened the eyes of the blind man have kept this man from dying?' Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, 'Take away the stone.' Martha, the sister of the dead man, said to him, 'Lord, already there is a stench because he has been dead for four days.' Jesus said to her, 'Did I not tell you that if you believed, you would see the glory of God?' So they took away the stone. And Jesus looked upwards and said, 'Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me.' When he had said this, he cried with a loud voice, 'Lazarus, come out!' The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, 'Unbind him, and let him go.' Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

This is the Gospel of the Lord:  
**Praise to you, O Christ.**

## **The Homily**

*Please Sit*

## **The Affirmation of Faith**

*Please Stand*

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven;**

by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **The Intercessions**

*Please Sit*

*Appropriate responses may be used, for example*

Lord, in your mercy:  
**hear our prayer.**

Lord, hear us:  
**Lord, graciously hear us.**

*The Intercession ends with a suitable collect said by the priest, or the following*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## The Peace

*Please Stand*

Once we were far away from God, but now in union with Christ Jesus we have been brought near through the shedding of his blood.

The peace of the Lord be with you always.

**And also with you.**

Let us offer one another a sign of the Lord's peace.

## Offertory Hymn

Glory be to Jesus,  
who, in bitter pains,  
poured for me the life-blood  
from his sacred veins.

Grace and life eternal  
in that blood I find,  
blest be his compassion  
infinitely kind.

Blest through endless ages  
be the precious stream,  
which from endless torments  
did the world redeem.

Abel's blood for vengeance  
pleaded to the skies;  
but the blood of Jesus  
for our pardon cries.

Oft as it is sprinkled  
on our guilty hearts,  
Satan in confusion  
terror-struck departs.

Oft as earth exulting  
wafts its praise on high,  
angel-hosts rejoicing  
make their glad reply.

Lift ye then your voices;  
swell the mighty flood;

louder still and louder  
praise the precious blood.

*Edward Caswall 1814-1878*  
*Tune: Caswall*

## **The Thanksgiving**

We celebrate together the gifts and grace of God.

**We take this bread,  
we take this wine  
to follow Christ's example  
and obey his command.**

## **Prayer over the Gifts**

Living Lord,  
the way of your cross is shown  
to be the way of our salvation,  
your love and forgiveness  
are displayed as the keys of our redemption  
and your sacrificial love  
is offered as the foundation of our hope;  
Lord Jesus, help us to follow you,  
who are alive and reign, now and for ever. **Amen.**

## **The Eucharistic Prayer**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, it is our duty and our joy  
at all times and in all places to give you thanks, holy Father,  
all-powerful and everliving God,  
through Jesus Christ our Lord.

Who, bearing the human likeness, humbled himself  
and in obedience accepted death, even death on a cross.  
He was lifted up from the earth  
that he might draw all people to himself.

And so with the hosts of angels and all the company of heaven  
we proclaim the glory of your name  
and join in their unending hymn of praise:

**Holy, holy, holy, holy,  
Holy, holy, Lord God Almighty.  
And we lift our hearts before you  
as a token of our love.  
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,  
Blessed is the one who comes to us  
in your name.  
And we lift our hearts before you  
as we give you thanks and praise.  
Hosanna in the highest.**

All praise and thanks to you, true and living God,  
Creator of all things, Giver of life.  
You formed us in your own image;  
but we have marred that image and fall short of your glory.  
We give you thanks  
that you sent your Son to share our life;  
you gave him up to death that the world might be saved,  
and you raised him from the dead  
that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us,  
that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread,  
and when he had given thanks  
he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you:  
do this in remembrance of me.

In the same way after supper he took the cup,  
and when he had given thanks  
he gave it to them, saying,

Drink from this, all of you,  
for this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins:  
do this as often as you drink it  
in remembrance of me.

Let us proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come in glory.**

As he has commanded us, Father,  
we remember Jesus Christ, your Son.  
Proclaiming his victorious death,  
rejoicing in his resurrection  
and waiting for him to come in glory  
we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise.  
Restore and revive your people,  
renew us and all for whom we pray  
with your grace and heavenly blessing,  
and at the last receive us with all your saints  
into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him,  
in the unity of the Holy Spirit  
all honour and glory are yours, almighty Father,  
for ever and ever. **Amen.**

*Silence is kept*

*Please Sit*

Let us pray with confidence to the Father:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread,  
forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power  
and the glory are yours,  
now and for ever. Amen.**

## The Communion

*The priest breaks the bread*

Every time we eat this bread and drink of this cup  
**we proclaim the Lord's death until he come.**

*We sing*

**Jesus, Lamb of God: have mercy on us.**

**Jesus, bearer of our sins: have mercy on us.**

**Jesus, redeemer of the world: give us your peace.**

## The Invitation to Holy Communion

Jesus is the Lamb of God  
who takes away the sins of the world.  
Happy are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*The sacrament is administered with these words:*

The body of Christ. **Amen.**      The blood of Christ. **Amen.**

*All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.*

*If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.*

## Hymn at the end of Communion

How deep the Father's love for us,  
How vast beyond all measure,  
That He should give His only Son  
To make a wretch His treasure.  
How great the pain of searing loss –  
The Father turns His face away,  
As wounds which mar the Chosen One  
Bring many sons to glory.

Behold the man upon a cross,  
My sin upon His shoulders;  
Ashamed, I hear my mocking voice  
Call out among the scoffers.  
It was my sin that held Him there

Until it was accomplished;  
His dying breath has brought me life –  
I know that it is finished.

I will not boast in anything,  
No gifts, no power, no wisdom;  
But I will boast in Jesus Christ,  
His death and resurrection.  
Why should I gain from His reward?  
I cannot give an answer;  
But this I know with all my heart –  
His wounds have paid my ransom.

*Stuart Townend b.1963*

*Silence is kept*

## **The Sending Out**

*Please Stand*

### **Post Communion Prayer**

Give thanks to the Lord for he is gracious:  
**his love is everlasting.**

Lord Jesus Christ,  
you have taught us  
that what we do for the least of our brothers and sisters  
we do also for you:  
give us the will to be the servant of others  
as you were the servant of all,  
and gave up your life and died for us,  
but are alive and reign, now and for ever. **Amen.**

### **The Blessing**

The Lord be with you  
**And also with you.**

Christ crucified draw you to himself, the sure ground of faith, the firm support for hope  
and the assurance of sins forgiven. And the blessing of God almighty, ✠ the Father, the  
Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## Final Hymn

When I survey the wondrous Cross  
on which the Prince of Glory died,  
my richest gain I count but loss,  
and pour contempt on all my pride.

Forbid it, Lord, that I should boast  
save in the Cross of Christ my God;  
all the vain things that charm me most,  
I sacrifice them to his blood.

See from his head, his hands, his feet,  
sorrow and love flow mingling down;  
did e'er such love and sorrow meet,  
or thorns compose so rich a crown?

Were the whole realm of nature mine,  
that were an offering far too small;  
love so amazing, so divine,  
demands my soul, my life, my all.

*Isaac Watts 1674-1748*  
*Tune: Rockingham*

## Notices

**Refreshments.** Please do join us for refreshments after the service if you can.

**Praying for Growth.** Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,  
Who alone brings growth to your  
Church,  
Send your Holy Spirit to give  
Vision to our planning,  
Wisdom to our actions,  
Joy to our worship,  
And power to our witness.  
Help our church to grow in numbers,  
In spiritual commitment to you,  
And in service to our local community,  
Through Jesus Christ our Lord. Amen.*

**The Community Fridge** takes place every Sunday from 4-5pm at the Parish Church.

**Sunday Sheet.** Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

**Easter Flowers.** Donations for Easter Flowers are now being invited in memory of departed loved ones. Please use the envelopes which can be found on the table at the back of the Church. Thank you.

**Service of Prayer for Healing** There is to be a service of prayer for healing which will include the Church's ministry of healing: the Laying on of Hands and Anointing with Oil. This is a lovely service and a good preparation for our commemoration of Holy Week

and Celebration of Easter. The service is tonight at 6.30pm at the Parish Church.

**St Mary's Cefn.** The next services at St Mary's are as follows:

29<sup>th</sup> March: 1.30pm Palm Sunday Procession from St. Mary's to the Cathedral.

5<sup>th</sup> April: 9.30am Easter Day Eucharist

**Ways of Giving to the work of the Parish Church.** We are very grateful to all those who contribute financially to the life and witness of our Parish. There are various ways to do this:

1. The Collection plate near the entrance to the Church
2. Setting up a Standing Order. Contact Dave Bradley or Marion Hughes for the bank details
3. Gift Direct. Set up regular giving or make a one off donation.

For Gift Direct you can use the QR code below. Thank you very much.



## The Week Ahead

### 23<sup>rd</sup> Monday – Lent Weekday

9am Morning Prayer

9.30am Holy Eucharist

5pm Evening Prayer

### 24<sup>th</sup> Tuesday – Oscar Romero

9am Morning Prayer

5pm Evening Prayer

6pm Holy Eucharist

**25<sup>th</sup> Wednesday – The Annunciation of  
Our Lord to the BVM**

9am Morning Prayer  
10.30am Holy Eucharist  
2pm MU Diocesan Festival Eucharist  
5pm Evening Prayer

**26<sup>th</sup> Thursday – Lent Weekday**

8am Morning Prayer  
10am Holy Eucharist *at the Parish Church*  
10.45am Lent Study Group *at the Parish Church*  
11am Diocesan Chrism Mass  
5pm Evening Prayer

**27<sup>th</sup> Friday – Lent Weekday**

9am Morning Prayer  
9.30am Offeren (Welsh Eucharist)  
6pm Choral Evensong

**28<sup>th</sup> Saturday – Lent Weekday**

9am Morning Prayer  
5pm Evening Prayer

**29<sup>th</sup> Sunday – PALM SUNDAY**

9.30am Blessing of Palms & Parish  
Eucharist *at the Parish Church*  
11am Procession, Blessing of Palms &  
the Cathedral Eucharist  
1.30pm Procession from St Mary's Cefn  
in time for  
3.30pm Choral Evensong

**Today's Readings**

**Ezekiel 37. 1-14**

Israel has lost hope. They say that their bones have dried up. But Ezekiel has a vision of God taking those bones, clothing them with flesh and breathing life into them. A message of hope for a hopeless people.

**Psalm 130**

**Romans 8. 6-11**

Paul explains to the Roman Christians that even though the power of sin and death is strong, the Spirit of Christ has conquered death and will win out in each one of them.

**John 11. 1-45**

Jesus' friend Lazarus dies, and Mary and Martha send for him. Jesus raises Lazarus from the dead and restores him to his family in an echo of Jesus' own death and resurrection soon to come.



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