

Ardal Cenhadaeth Elwy Mission Area

Eglwys Sant Asa
St Asaph Parish Church

Cadeirlan Llanelwy
St Asaph Cathedral

Eglwys Santes Fair Cefn
St Mary's Church Cefn

Lent



Lent, Holy Week & Easter 2026

Opportunities for Nurturing
our Faith through
Prayer & Worship

Lent, Holy Week & Easter 2026

Next time it will be different

How many times have we said this to ourselves? It is usually combined with saying something like, I wish I had done this or I wish I had tried that. Next time I will do it differently. We are about to embark on our Lenten journey. Looking back over our Lent observances over the years are we thinking, I wish I had done it differently.

Of course changing our Lenten discipline is ok. If we have to fine tune it or even radically rethink it that is fine. There is no set pattern, no right Lent or wrong Lent.

But how difficult it is to change something once we have started it! Most of us have been brought up with the idea that once you choose something you stick to it! And in many aspects of life this is the best policy. But with our spiritual life it may be slightly different. Sticking with something just because we started it might not be exactly where God wants us to be. Any relationship changes: think about our different relationships with any members of our family or friends – they change, develop and re-work themselves almost constantly as we grow to love and respect each other. Sadly, for many Christians the relationship they have with God is one that they started in their childhood but have never really looked at closely enough to change, develop and re-work as they grow older. Even though their views of life and their experience of the world changes, the God they received as a child stays the same. It is our duty as Christians to let our relationship with the Lord change and deepen – not just over the years of life, but over the days, hours and minutes that we spend with him.

It isn't easy to change something in life – we are often stuck with something we chose earlier on. But God is ever changing and ever new and our relationship with him must also be ever new. Lent is the obvious time to deepen and discover this relationship but look what is coming! Easter! That rebirth, that new life, that wonderful expression of a new, living, dynamic relationship with God through the risen Christ. If we go through Holy Week without disturbing and rethinking our relationship with God then we have missed the point. And if we go through Easter without any sense of the power of God to transform our lives through our relationship with him, then again, we have missed the point. These holy days and the celebration of Easter are not re-enactments that just comfort us and help us to look back. We live them for real, immersing ourselves in the reality of the events which transform, deepen and resurrect our living relationship with God. What will you do differently?

Will you let the power of the Resurrection change your life?

Daily Worship

Why not take on joining the Cathedral Community for Daily Prayer and worship as part of your Lent devotion?

Eucharist, Morning and Evening Prayer/Choral Evensong

Monday

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

Tuesday

9am Morning Prayer
5pm Evening Prayer
6pm Holy Eucharist

Wednesday

9am Morning Prayer
10.30am Holy Eucharist
5pm Evening Prayer

Thursday

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
5pm Evening Prayer

Friday

9am Morning Prayer
9.30am Offeren (Welsh Eucharist)
6pm Choral Evensong or 5pm Evening Prayer -
(see Sunday Sheet or Website)

Saturday

9am Morning Prayer
5pm Evening Prayer

Lent Study Group

From Pancakes to Palm Crosses

Each Thursday at 10.45am at The Parish Church Starting 19th February

Sundays and Holy Days of Lent

Wednesday 18th February – ASH WEDNESDAY

10.30am Holy Eucharist & Imposition of Ashes *at the Parish Church*

6pm Choral Eucharist & Imposition of Ashes *at the Cathedral*

Sunday 22nd February – Lent 1

9.30am The Parish Eucharist *at the Parish Church*

11am The Litany & Cathedral Eucharist

3.30pm Evening Prayer

Sunday 1st March – Lent 2

9.30am The Parish Eucharist *at the Parish Church*

9.30am Holy Eucharist *at St Mary's Cefn*

11am The Cathedral Eucharist

3.30pm Choral Evensong

Sunday 8th March – Lent 3

9.30am The Parish Eucharist *at the Parish Church*

11am The Cathedral Eucharist

3.30pm Choral Evensong

Sunday 15th March – Lent 4 (Mothering Sunday)

9.30am All-Age/Family Eucharist *at the Parish Church*

9.30am Holy Eucharist *at St Mary's Cefn*

11am Cathedral Eucharist

3.30pm Choral Evensong

Sunday 22nd March – Lent 5 (Passiontide begins)

9.30am The Parish Eucharist *at the Parish Church*

11am Cathedral Eucharist

3.30pm Choral Evensong

6.30pm Service of Healing with Laying on of Hands & Anointing
at the Parish Church

Holy Week



Holy Week

29th March – Palm Sunday

9.30am Blessing of Palms & Parish Eucharist *at the Parish Church*

11am Blessing of Palms, Procession & Cathedral Eucharist

1.30pm Service & Palm Sunday Procession *from St Mary's Cefn
to the Cathedral*

3.30pm Choral Evensong

30th March - Monday of Holy Week

9am Morning Prayer

10am Holy Eucharist *at the Parish Church*

5pm Evening Prayer

31st March – Tuesday of Holy Week

9am Morning Prayer

6pm Evening Prayer

6pm Holy Eucharist *at the Parish Church*

1st April – Wednesday of Holy Week

9am Morning Prayer

10.30am Holy Eucharist *at the Parish Church*

5pm Evening Prayer

2nd April – Maundy Thursday

8am Morning Prayer
5pm Evening Prayer
6pm 'The Six' Passover Meal *at the Parish Church*
7pm Choral Eucharist of the Last Supper
& Watch of Prayer
10pm Night Prayer (Compline)

3rd April – Good Friday

9am Morning Prayer
10am Good Friday Service *at the Parish Church*
1.30pm The Solemn Good Friday Liturgy

4th April – Holy Saturday

9am Morning Prayer
7pm Solemn Vigil, Lighting of the Paschal Candle and 1st Eucharist of Easter

5th April – EASTER DAY

9.30am The Parish Eucharist *at the Parish Church*
9.30am Holy Eucharist *at St Mary's Cefn*
11am The Cathedral Eucharist
3.30pm Solemn Choral Evensong
6pm 'The Six' Contemporary Worship

From Easter Monday the Daily Service times return to normal



Messy Church Easter Holiday Club

Come and join this year's Messy Church Easter Club at the Parish Church. Lots of fun, activities and food for children as we look at the events Easter.

Tuesday 7th April to Friday 10th April: 10am to 1pm each day (Including Lunch).

There is no charge for the children to attend, but donations are very welcome!

Further information from Marion Hughes: marionkh@btinternet.com

See also the Messy Church page on FaceBook



Holy Week

Contact

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Cathedral Website:

www.stasaphcathedral.wales

Parish Church Website:

www.stasaphparishchurch.co.uk

St Mary's Cefn Website:

www.stmaryscefn.org.uk