



The Sunday Sheet *for* The 21st Sunday after Trinity 20th October 2024

*A very warm welcome as we gather for the All-Age/Family Eucharist.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

Entrance Hymn

Brother, sister, let me serve you,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant, too.

We are pilgrims on a journey,
fellow trav'lers on the road;
we are here to help each other
walk the mile and bear the load.

I will hold the Christlight for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

I will weep when you are weeping;
when you laugh, I'll laugh with you.
I will share your joy and sorrow
till we've seen this journey through.

When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony.

Brother, sister, let me serve you,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant, too.

Richard A. M. Gillard b.1953
Tune: Servant Song

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and calls the people to penitence.

Silence is kept

Father, you gave your Son to save us from the results of human sin.
Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you gave yourself that we might enjoy eternity with you.
Christ, have mercy: **Christ, have mercy.**

Holy Spirit, you give us life full of forgiveness and salvation.
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Gloria, gloria, in excelsis Deo.
Gloria, gloria, in excelsis Deo.

Lord, God, heavenly King,
peace you bring to us,
we worship you, we give you thanks,
we sing our song of praise.

Jesus, Saviour of all,
Lord God, Lamb of God,
you take away our sins, Oh Lord,
have mercy on us all.

At the Father's right hand,
Lord receive our prayer,
for you alone are the Holy One,
and you alone are Lord.

Glory, Father and Son,
Glory Holy Spirit,
to you we raise our hands up high,
we glorify your name.

The Collect

Grant, we beseech you, merciful Lord,
to your faithful people pardon and peace,
that they may be cleansed from all their sins
and serve you with a quiet mind;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Hebrews 5. 1-10

A reading from the letter to the Hebrews.

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honour, but takes it only when called by God, just as Aaron was.

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

'You are my Son,

today I have begotten you';

as he says also in another place,

'You are a priest for ever,

according to the order of Melchizedek.'

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what

he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

For the word of the Lord:

Thanks be to God.

The Gospel

Please Stand

From heav'n you came, helpless babe,
entered our world, your glory veiled;
not to be served but to serve,
and give your life that we might live.

*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

There in the garden of tears,
my heavy load he chose to bear;
his heart with sorrow was torn.
"Yet not my will but yours," he said.

Come see his hands and his feet,
the scars that speak of sacrifice,
hands that flung stars into space,
to cruel nails surrendered.

So let us learn how to serve,
and in our lives enthrone him;
each other's needs to prefer,
for it is Christ we're serving.

*Graham Kendrick b.1950
Tune: The Servant King*

Mark 10. 35-45

Listen to the Gospel of Christ according to Saint Mark.

Glory to you, O Lord.

James and John, the sons of Zebedee, came forward to Jesus and said to him, 'Teacher, we want you to do for us whatever we ask of you.' And he said to them, 'What is it you want me to do for you?' And they said to him, 'Grant us to sit, one at your right hand and one at your left, in your glory.' But Jesus said to them, 'You do not know

what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?' They replied, 'We are able.' Then Jesus said to them, 'The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.'

When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, 'You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.'

This is the Gospel of the Lord.

Praise to you, O Christ.

The Homily

Please Sit

An Affirmation of the Faith.

Please Stand

Let us declare our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God:
Father, Son, and Holy Spirit. Amen.**

The Intercession

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:

hear our prayer.

Lord, hear us:

Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The Peace

Please Stand

When we learn to serve rather than be served, we receive God's peace deep within us.

The peace of the Lord be with you always.

And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

Before the throne of God above
I have a strong, a perfect plea,
a great High Priest whose name is Love,
who ever lives and pleads for me.
My name is graven on his hands,
my name is written on his heart;
I know that while in heaven he stands
no tongue can bid me thence depart,
no tongue can bid me thence depart.

When Satan tempts me to despair,
and tells me of the guilt within,
upward I look and see him there
who made an end to all my sin.
Because the sinless Saviour died,

my sinful soul is counted free;
for God the just is satisfied
to look on him and pardon me,
to look on him and pardon me.

Behold him there! The risen lamb,
my perfect, spotless righteousness;
the great unchangeable I AM,
the King of glory and of grace!
One with himself I cannot die,
my soul is purchased with his blood;
my life is hid with Christ on high,
with Christ my Saviour and my God,
with Christ my Saviour and my God.

Charitie Lees de Chenez 1841-1923
Tune: Before the throne of God

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

Prayer over the Gifts

Universal and unchanging God,
we are one with all the human race:
grant that we who come to share in Christ's body and blood
may by your Spirit
break down the walls that divide us;
we ask this through the same Christ our Lord. **Amen.**

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Lord of all life,
you created the universe,
where all living things reflect your glory.
You give us this great and beautiful earth,
to discover and to cherish.

You give us happy times
and things to celebrate.
In these we taste your kingdom,
a feast for all your children.

You made us all,
each wonderfully different,
to join with the angels
and sing your praise:

**Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.**

**And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

We thank you, loving Father,
because, when we turned away,
you sent Jesus, your Son.
He gave his life for us on the cross
and shows us the way to live.

Send your Holy Spirit
that these gifts of bread and wine
may become Christ's body and his blood.

On the night before he died,
when darkness had fallen,
Jesus took bread.
He gave thanks, broke it,
and shared it with his disciples, saying:

'This is my body, given for you.
Do this to remember me.'

After they had eaten, he took the cup of wine,
gave thanks, and shared it with his disciples, saying:

'This is my blood, poured out for you and for many,
for the forgiveness of sins.'

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

So Father, with this bread and this cup
we celebrate his love, his death, his risen life.
As you feed us with these gifts,
send your Holy Spirit,
and change us more and more
to be like Jesus our Saviour.

Help us, Father, to love one another,
as we look forward to that day
when suffering is ended,
and all creation is gathered in your loving arms.

And now with the Blessed Virgin Mary,
St Kentigern, St Asaph and all your saints
we give you glory,
through Jesus Christ,
in the strength of the Spirit,
for ever and ever. **Amen.**

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body
for we all share in one bread.**

**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.**

The Invitation to Holy Communion

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

Here is love, vast as the ocean,
loving kindness as the flood,
when the Prince of life, our ransom,
shed for us his precious blood.
Who his love will not remember?
Who can cease to sing his praise?
He can never be forgotten
throughout heaven's eternal days.

On the mount of crucifixion
fountains opened deep and wide;
through the floodgates of God's mercy
flowed a vast and gracious tide.
Grace and love, like mighty rivers,
poured incessant from above,
and heaven's peace and perfect justice
kissed a guilty world in love.

*William Rees 802-1883
Tr. William Edwards 1848-1929
Tune: Dim ond Iesu*

Silence is kept

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

Father of light,
in whom is no change or shadow of turning,
you give us every good and perfect gift
and have brought us to birth by your word of truth:
may we be a living sign of that kingdom
where your whole creation will be made perfect
in Jesus Christ our Lord. **Amen.**

The Blessing

The Lord be with you
And also with you.

May the God who came to serve hold you in his strong arms so that you may dare to turn your back on the ways of the world. And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always.
Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Great is thy faithfulness, O God my Father,
there is no shadow of turning with thee;
thou changest not, thy compassions they fail not;
as thou hast been thou for ever wilt be.

Great is thy faithfulness!
Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand hath provided,
great is thy faithfulness, Lord, unto me.

Summer and winter, and springtime and harvest,
sun, moon and stars in their courses above,
join with all nature in manifold witness
to thy great faithfulness, mercy and love.

Pardon for sin and a peace that endureth,
thine own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow,
blessings all mine, with ten thousand beside!

Great is thy faithfulness!
Great is thy faithfulness!
Morning by morning new mercies I see;
all I have needed thy hand hath provided,
great is thy faithfulness, Lord, unto me.

Thomas O. Chisholm 1866-1960
Tune: Faithfulness

CCL No: 961722

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

Choir Tour. The Cathedral Choir have been given the amazing opportunity of singing in Finland on a choir tour in May next year. We are raising money to make sure this can happen. For more details, and to donate online, please see the following

link: <https://gofund.me/560aa0db>

If you would like to donate in cash or by cheque, please clearly mark your donations 'Choir Finland' and hand to a member of the cathedral team or pop it in the collection plate or donation box

in the cathedral. If you are able to, please share the Go Fund Me page – from the page on the link above, click 'Share' and you can share on social media or copy the link to send to friends and family. Thank you.

All Souls Day is Saturday 2nd November. There will be a Requiem Eucharist at the Parish Church on that day at 11am. If you would like departed loved ones remembered by name at that service please add names to the list at the back of the Church/Cathedral. Do come long to remember them on then day.

Singing Group. The meeting planned for 24th October has had to be cancelled. Apologies for this!

Remembrance Sunday falls on 10th November. There will not be a service at the Parish on that day as there is the Civic Remembrance Service at the Cathedral at 10am. Instead, we will be having the Parish Eucharist on Saturday 9th November at 5.30pm.

The Week Ahead

21st Monday – Feria

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

22nd Tuesday – Feria

9am Morning Prayer
5pm Evening Prayer
6pm Holy Eucharist
7pm Pilgrim *at the Parish Church*

23rd Wednesday – James of Jerusalem

9am Morning Prayer

10.30am Holy Eucharist

6.15pm Sung Evening Prayer

24th Thursday – Feria

9am Morning Prayer

10am Holy Eucharist *at the Parish*

Church

10.45am Prayer Group *at the Parish*

Church

12noon Food4Thought *at the Parish*

Church

5pm Evening Prayer

25th Friday – Lewis Bayley

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

6pm Choral Evensong

26th Saturday – Alfred the Great

9am Morning Prayer

5pm Evening Prayer

27th Sunday – Last after Trinity

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Evening Prayer

Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

www.stasaphparishchurch.org.uk

Today's Readings

Isaiah 53. 4-12

Isaiah describes a suffering and wounded servant, later identified with the person of Jesus.

Hebrews 5. 1-10

The writer of the letter to the Hebrews acknowledges the suffering of Jesus and identifies Jesus as the perfect high priest, offering the sacrifice of himself to achieve eternal salvation for human beings.

Mark 10. 35-35

To the annoyance of the other disciples, James and John approach Jesus to request the best places in heaven for themselves.