



The Sunday Sheet *for* The 2nd Sunday after Trinity 9th June 2024

*A very warm welcome as we gather for the **Parish Eucharist**.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

Entrance Hymn

Let us build a house where love can dwell
and all can safely live,
a place where saints and children tell
how hearts learn to forgive.
Built of hopes and dreams and visions,
rock of faith and vault of grace;
here the love of Christ shall end divisions:
*All are welcome, all are welcome,
all are welcome in this place.*

Let us build a house where prophets speak,
and words are strong and true,
where all God's children dare to seek
to dream God's reign anew.
Here the cross shall stand as witness
and as symbol of God's grace;
here as one we claim the faith of Jesus:

Let us build a house where love is found
in water, wine and wheat:
a banquet hall on holy ground
where peace and justice meet.
Here the love of God, through Jesus,

is revealed in time and space;
as we share in Christ the feast that frees us:
*All are welcome, all are welcome,
all are welcome in this place.*

*Marty Haugen b.1950
Tune: Two Oaks*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and call the people to penitence.

We are called to love the Lord before all others, yet we do not always resist the pull of other ties and temptations. So we ask forgiveness for where we have let our loyalty to the Lord slip, praying that we may be restored by his grace.

Silence is kept

We conform to worldly ways rather than letting you shape us into your likeness:
Lord, have mercy: **Lord, have mercy.**

We try to rule our own lives rather than submitting to you as our king:
Christ, have mercy: **Christ, have mercy.**

We are consumed by our problems rather than trusting in your purposes:
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Glory in the highest to the God of heaven!
Peace to all your people through the earth be given:
Mighty God and Father, thanks and praise we bring,
Singing alleluias to our heavenly King.

Jesus Christ is risen, God the Father's Son:
With the Holy Spirit, you are Lord alone!

Lamb once killed for sinners, all our guilt to bear,
Show us now your mercy, now receive our prayer.

Christ the world's true Saviour, high and holy one,
Seated now and reigning from your Father's throne:
Lord and God, we praise you; highest heaven adores:
In the Father's glory, all the praise be yours!

Tune: Camberwell

The Collect

Lord, you have taught us
that all our doings without love are nothing worth:
send your Holy Spirit
and pour into our hearts that most excellent gift of love,
the true bond of peace and of all virtues,
without which whoever lives is counted dead before you.
Grant this for your only Son Jesus Christ's sake,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

2 Corinthians 4. 13 – 5. 1

A reading from the second letter of Paul to the Corinthians.

Just as we have the same spirit of faith that is in accordance with scripture - 'I believed, and so I spoke'—we also believe, and so we speak, because we know that the one who raised the Lord Jesus will raise us also with Jesus, and will bring us with you into his presence. Yes, everything is for your sake, so that grace, as it extends to more and more people, may increase thanksgiving, to the glory of God.

So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens.

For the word of the Lord:
Thanks be to God.

The Gospel

Please Stand

Alleluia, alleluia, give thanks to the risen Lord.
Alleluia, alleluia, give praise to his name.

Come, let us praise the living God,
joyfully sing to our Saviour:

Alleluia, alleluia, give thanks to the risen Lord.
Alleluia, alleluia, give praise to his name.

Donald Fishel b. 1950
Tune: Alleluia No.1

Mark 3. 20-35

Listen to the Gospel of Christ according to Saint Mark.

Glory to you, O Lord.

The crowd came together again, so that they could not even eat. When his family heard it, they went out to restrain him, for people were saying, 'He has gone out of his mind.' And the scribes who came down from Jerusalem said, 'He has Beelzebul, and by the ruler of the demons he casts out demons.' And he called them to him, and spoke to them in parables, 'How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered.

'Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin'— for they had said, 'He has an unclean spirit.'

Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, 'Your mother and your brothers and sisters are outside, asking for you.' And he replied, 'Who are my mother and my brothers?' And looking at those who sat around him, he said, 'Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother.'

This is the Gospel of the Lord.

Praise to you, O Christ.

The Sermon

Please Sit

An Affirmation of the Faith.

Please Stand

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Intercession

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:
hear our prayer.

Lord, hear us:
Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

The love of the risen Christ overflows towards us with a peace that comes from him alone. Let us receive this precious gift and share it with each other.

The peace of the Lord be with you always.
And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight
and to the rescue came.

O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;

and that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

O generous love! that he, who smote
in Man for man the foe,
the double agony in Man
for man should undergo;

and in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

John Henry Newman 1801-1890
Tune: Gerontius

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

Prayer over the Gifts

Generous and faithful God,
grant that by the grace of this sacrament
our lives may bring forth the fruit of the Spirit
in love and joy and peace;
we ask this through Christ our Lord. **Amen.**

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *saying*:

**Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.**

**And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may become the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died

Christ is risen

Christ will come in glory.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, the Virgin Mother of God,
the apostles and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread
We break this bread to share in the body of Christ.
**Though we are many, we are one body
for we all share in one bread.**

**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.**

The Invitation to Holy Communion

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

Amazing grace! How sweet the sound
that saved a wretch like me.
I once was lost, but now I'm found;
was blind, but now I see.

'Twas grace that taught my heart to fear,
and grace my fears relieved.
How precious did that grace appear
the hour I first believed.

Through many dangers, toils and snares
I have already come.
'Tis grace hath brought me safe thus far,
and grace will lead me home.

*John Newton 1725-1807
Tune: Amazing Grace*

Silence is kept

The Sending Out

Please Stand

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

Loving Father,
we thank you for feeding us at the supper of your Son:
sustain us with your Spirit,
that we may serve you here on earth
until our joy is complete in heaven,
and we share in the eternal banquet
with Jesus Christ our Lord. **Amen.**

The Blessing

The Lord be with you
And also with you.

As you leave this place to walk on in faith, may the power of the Father hold you, may the love of the Son encourage you, and may the wisdom of the Spirit guide you day by day. And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Lord, the light of your love is shining,
in the midst of the darkness, shining;
Jesus, Light of the World, shine upon us,
set us free by the truth you now bring us.
Shine on me, shine on me.

*Shine, Jesus, shine, fill this land with the Father's glory;
blaze, Spirit, blaze, set our hearts on fire.
Flow, river, flow, flood the nations with grace and mercy;
send forth your word, Lord, and let there be light.*

Lord, I come to your awesome presence,
from the shadows into your radiance;
by the blood I may enter your brightness,
search me, try me, consume all my darkness.
Shine on me, shine on me.

As we gaze on your kingly brightness,
so our faces display your likeness,
ever changing from glory to glory;
mirrored here may our lives tell your story.
Shine on me, shine on me.

*Shine, Jesus, shine, fill this land with the Father's glory;
blaze, Spirit, blaze, set our hearts on fire.
Flow, river, flow, flood the nations with grace and mercy;
send forth your word, Lord, and let there be light.*

Graham Kendrick b.1950
Tune: *Shine, Jesus, shine*

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

Invitation Sunday. We are having an invitation Sunday next Sunday 16th June. Invitation cards are available at the back of the Church for you to be able to invite people along.

Receiving Holy Communion. A reminder that intinction (dipping the Host in the chalice) is not allowed. The Bishops of the Church in Wales stopped this practice some time ago. Also, when you have received the Host, please consume it before returning to your seat

and before receiving the Chalice. Thank you for your co-operation.

The Week Ahead

10th Monday – Ephrem of Syria

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

11th Tuesday – Barnabas, Apostle

9am Morning Prayer
5pm Evening Prayer
6pm Holy Eucharist

12th Wednesday – Feria

9am Morning Prayer
10.30am Holy Eucharist
6.15pm Sung Evening Prayer

13th Thursday – Feria

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
10.45am Prayer Group *at the Parish Church*
5pm Evening Prayer

14th Friday – Feria

9am Morning Prayer
9.30am Offeren (*Welsh Eucharist*)
6pm Choral Evensong

15th Saturday – Feria

9am Morning Prayer
5pm Evening Prayer

16th Sunday – Trinity 3

9.30am All-Age/Family Eucharist

11am Cathedral Eucharist

3.30pm Choral Evensong

Today's Readings

Genesis 3. 8-15

The man and woman hide from God, who realises what they must have done.

Psalm 130

2 Corinthians 4. 13 – 5. 1

Amidst life's troubles, Paul encourages Christians to set their hopes on their eternal heavenly home: God, who raised Jesus from the dead, will raise his people into his glorious presence.

Mark 3. 20-35

Jesus refutes both his family's desire to take him in hand and the religious authorities' accusations that he is demon-possessed. Those who attribute Jesus healing power to Satan rather than the Holy Spirit are rejecting God's kingdom.



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