



## The Sunday Sheet *for* The 5<sup>th</sup> Sunday after Trinity 30<sup>th</sup> June 2024

*A very warm welcome as we gather for the **Parish Eucharist**.  
An induction loop is provided.*

***Gluten free wafers are available*** for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

### Entrance Hymn

Morning has broken like the first morning;  
Blackbird has spoken like the first bird.  
Praise for the singing! Praise for the morning!  
Praise for them springing fresh from the Word!

Sweet the rain's new fall, sunlit from heaven,  
Like the first dew-fall on the first grass.  
Praise for the sweetness of the wet garden,  
Sprung from completeness where his feet pass.

Mine is the sunlight! Mine is the morning  
Born of the one light Eden saw play!  
Praise with elation, praise ev'ry morning,  
God's re-creation of the new day!

*Eleanor Farjeon 1881-1965  
Tune: Bunessan*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you  
**And keep you in the love of Christ.**

*The Priest gives an introduction to the Eucharist and calls the people to penitence.*

Our mistakes are many even when our intentions are good. Let us shine God's light into our lives and call to mind our failings.

*Silence is kept*

When there is a deeper need to address issues, but we turn away to worldly things:  
Lord, have mercy: **Lord, have mercy.**

When we have grumbled and complained when we have more than we can really enjoy:  
Christ, have mercy: **Christ, have mercy.**

When we have been unaware and careless of the real needs of those around us:  
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,  
✠ forgive you and set you free from sin,  
and keep you in eternal life. **Amen.**

## **Gloria in Excelsis**

**Glory to God, we give you thanks and praise;  
of heav'nly joy and earthly peace we sing.  
We worship you, to you our hearts we raise,  
Lord God, almighty Father, heav'nly King.**

**Lord Jesus Christ, the Father's only Son,  
you bore for us the load of this world's sin.  
O Lamb of God, your glorious vict'ry won,  
receive our pray'r, grant us your peace within.**

**Alone, O Christ, you only are the Lord,  
at God's right hand in majesty most high:  
who with the Spirit worshipped and adored:  
with all the heav'nly host we glorify.**

*Tune: Woodlands*

## The Collect

Almighty and everlasting God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear our prayer which we offer for all your faithful people,  
that in their vocation and ministry  
they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

## 2 Corinthians 8. 7-15

A reading from the second letter of Paul to the Corinthians.

Now as you excel in everything—in faith, in speech, in knowledge, in utmost eagerness, and in our love for you—so we want you to excel also in this generous undertaking.

I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something— now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has—not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written,

'The one who had much did not have too much,  
and the one who had little did not have too little.'

For the word of the Lord:

**Thanks be to God.**

## The Gospel

*Please Stand*

Alleluia, alleluia, give thanks to the risen Lord.  
Alleluia, alleluia, give praise to his name.

Come, let us praise the living God,  
joyfully sing to our Saviour:

Alleluia, alleluia, give thanks to the risen Lord.  
Alleluia, alleluia, give praise to his name.

*Donald Fishel b. 1950*  
*Tune: Alleluia No.1*

## Mark 5. 21-43

Listen to the Gospel of Christ according to Saint Mark.

**Glory to you, O Lord.**

When Jesus had crossed again in the boat to the other side, a great crowd gathered round him; and he was by the lake. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, 'My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.' So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, 'If I but touch his clothes, I will be made well.' Immediately her haemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, 'Who touched my clothes?' And his disciples said to him, 'You see the crowd pressing in on you; how can you say, "Who touched me?"' He looked all round to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, 'Daughter, your faith has made you well; go in peace, and be healed of your disease.'

While he was still speaking, some people came from the leader's house to say, 'Your daughter is dead. Why trouble the teacher any further?' But overhearing what they said, Jesus said to the leader of the synagogue, 'Do not fear, only believe.' He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, 'Why do you make a commotion and weep? The child is not dead but sleeping.' And they laughed at him. Then he put them all outside, and took the child's father and mother and those

who were with him, and went in where the child was. He took her by the hand and said to her, 'Talitha cum', which means, 'Little girl, get up!' And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **The Homily**

*Please Sit*

## **An Affirmation of the Faith.**

*Please Stand*

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven;  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Intercession**

*Please Sit*

*Appropriate responses may be used, for example*

Lord, in your mercy:  
**hear our prayer.**

Lord, hear us:  
**Lord, graciously hear us.**

*The Intercession ends with a suitable collect said by the priest, or the following*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## **The Peace**

*Please Stand*

We stand together, another crowd around the magnetic man from Galilee. Let us make way for each other as we seek his peace.

The peace of the Lord be with you always.  
**And also with you.**

Let us offer one another a sign of the Lord's peace.

## Offertory Hymn

Just as I am, without one plea  
But that thy blood was shed for me,  
And that thou bidst me come to thee,  
O Lamb of God, I come.

Just as I am, though tossed about  
With many a conflict, many a doubt,  
Fightings and fears within, without,  
O Lamb of God, I come.

Just as I am, poor, wretched, blind;  
Sight, riches, healing of the mind,  
Yea all I need, in thee to find,  
O Lamb of God, I come.

Just as I am, thou wilt receive,  
Wilt welcome, pardon, cleanse, relieve:  
Because thy promise I believe,  
O Lamb of God, I come.

Just as I am (thy love unknown  
Has broken every barrier down),  
Now to be thine, yea thine alone,  
O Lamb of God, I come.

Just as I am, of that free love  
The breadth, length, depth and height to prove,  
here for a season then above,  
O Lamb of God, I come.

*Charlotte Elliott 1789-1871*  
*Tune: Saffron Walden*

## The Thanksgiving

We celebrate together the gifts and grace of God.  
**We take this bread,**  
**we take this wine**  
**to follow Christ's example**  
**and obey his command.**

## Prayer over the Gifts

Father,  
your word creates in us a yearning for your kingdom:  
fulfil our longing and keep us in your peace;  
for the sake of Jesus Christ our Lord. **Amen.**

## The Eucharistic Prayer

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

**Holy, holy, holy, holy,  
Holy, holy, Lord God Almighty.  
And we lift our hearts before you  
as a token of our love.  
Holy, holy, holy, holy.**



**Gracious Father, gracious Father,  
Blessed is the one who comes to us  
in your name.**

**And we lift our hearts before you  
as we give you thanks and praise.**

**Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may become the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:

Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Let us proclaim the mystery of faith:

**Christ has died**

**Christ is risen**

**Christ will come in glory.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Mary, the Virgin Mother of God,  
the apostles and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

*Silence is kept*

*Please Sit*

Let us pray with confidence to the Father:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread,  
forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power  
and the glory are yours,  
now and for ever. Amen.**

## The Communion

*The priest breaks the bread*

We break this bread to share in the body of Christ.

**Though we are many, we are one body  
for we all share in one bread.**

**Jesus, Lamb of God: have mercy on us.**

**Jesus, bearer of our sins: have mercy on us.**

**Jesus, redeemer of the world: give us your peace.**

## The Invitation to Holy Communion

Jesus is the Lamb of God

who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*The sacrament is administered with these words:*

The body of Christ. **Amen.**      The blood of Christ. **Amen.**

*All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.*

*If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.*

## Hymn at the end of Communion

Sun of my soul, thou Saviour dear,

it is not night if thou be near:

O may no earth-born cloud arise  
to hide thee from thy servant's eyes.

Watch by the sick; enrich the poor  
with blessings from thy boundless store;  
be every mourner's sleep tonight  
like infant's slumbers, pure and light.

Come near and bless us when we wake,  
ere through the world our way we take;  
till in the ocean of thy love  
we lose ourselves in heaven above.

*John Keble 1792-1866*  
*Tune: Abends*

*Silence is kept*

## **The Sending Out**

*Please Stand*

## **Post Communion Prayer**

Give thanks to the Lord for he is gracious:  
**his love is everlasting.**

Grant, O Lord, we beseech you,  
that the course of this world  
may be so peaceably ordered by your governance,  
that your Church may joyfully serve you in all godly quietness;  
through Jesus Christ our Lord. **Amen.**

## **The Blessing**

The Lord be with you  
**And also with you.**

May Christ be with you; may his touch bring healing and his presence peace.  
And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be  
among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## Final Hymn

Take my life, and let it be  
consecrated, Lord, to thee;  
take my moments and my days,  
let them flow in ceaseless praise.

Take my hands, and let them move  
at the impulse of thy love;  
take my feet, and let them be  
swift and beautiful for thee.

Take my voice, and let me sing  
always, only for my King;  
take my lips, and let them be  
filled with messages from thee.

Take my silver and my gold,  
not a mite would I withhold;  
take my intellect, and use  
every power as thou shalt choose.

Take my will, and make it thine:  
it shall be no longer mine;  
take my heart: it is thine own;  
it shall be thy royal throne.

Take my love; my Lord, I pour  
at thy feet its treasure-store;  
take myself, and I will be  
ever, only, all for thee.

*Frances Ridley Havergal 1836-1879*  
*Tune: Nottingham*

CCL No: 961722

## Notices

**Refreshments.** Please do join us for refreshments after the service if you can.

**Praying for Growth.** Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,  
Who alone brings growth to your  
Church,  
Send your Holy Spirit to give  
Vision to our planning,  
Wisdom to our actions,  
Joy to our worship,  
And power to our witness.  
Help our church to grow in numbers,  
In spiritual commitment to you,  
And in service to our local community,  
Through Jesus Christ our Lord. Amen.*

**The Community Fridge** takes place every Sunday from 4-5pm at the Parish Church.

**Sunday Sheet.** Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

**Coffee Morning.** There will be a Coffee Morning at the Parish Church on Saturday 6<sup>th</sup> July from 10am to 1pm. Please come along if you can! Stalls and Raffle as well.

**Organ Recital** by Philip Rushforth of Chester Cathedral on Wednesday 3<sup>rd</sup> July at 7.30pm. Retiring collection.

## The Week Ahead

### 1<sup>st</sup> Monday – Euddogwy

9am Morning Prayer

9.30am Holy Eucharist

5pm Evening Prayer

7pm Archdeacons Visitation *at St*

*Margaret's Bodelwyddan*

### 2<sup>nd</sup> Tuesday – Feria

9am Morning Prayer

5pm Evening Prayer

6pm Holy Eucharist

### 3<sup>rd</sup> Wednesday – Thomas, Apostle

9am Morning Prayer

9.30am Schools Service *at the Parish*

*Church*

10.30am Holy Eucharist

5pm Evening Prayer

7.30pm Organ Recital

### 4<sup>th</sup> Thursday – Peblig, Abbot

9am Morning Prayer

10am Holy Eucharist *at the Parish*

*Church*

10.45am Prayer Group *at the Parish*

*Church*

5pm Evening Prayer

### 5<sup>th</sup> Friday – Feria

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

6pm Choral Evensong

### 6<sup>th</sup> Saturday – Thomas More, Martyr

9am Morning Prayer

10am to 1pm Coffee Morning *at the*

*Parish Church*

3pm Wedding *at the Cathedral*

## 7<sup>th</sup> Sunday – Trinity 6

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Choral Evensong

### Today's Readings

#### Wisdom 1. 13-15; 2. 23-24

The writer of the book of the Wisdom of Solomon underlines God's joy in life and calls all people to celebrate and honour it in themselves as God's creation.

#### Psalm 30

#### 2 Corinthians 8. 7-15

Writing from Macedonia, Paul urges his beloved but wayward friends in Christ to match the Macedonians' generosity and to give out of what they have, but nonetheless sacrificially, towards the ministry for needy Christians.

#### Mark 5. 21-43

Two people approach Jesus for help: a synagogue leader and a sick woman. One comes openly and the other surreptitiously; one is socially important and the other shouldn't even be out in public. Both receive what they need.



#### Contact:

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#### Parish Church Website:

[www.stasaphparishchurch.org.uk](http://www.stasaphparishchurch.org.uk)