



The Sunday Sheet

TRINITY SUNDAY

26th May 2024

*A very warm welcome as we gather for the **Parish Eucharist**.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

Entrance Hymn

Holy, holy, holy! Lord God Almighty!
early in the morning our song shall rise to thee;
holy, holy, holy! merciful and mighty!
God in three persons, blessed Trinity.

Holy, holy, holy! all the saints adore thee,
casting down their golden crowns around the glassy sea;
cherubim and seraphim falling down before thee,
which wert and art and evermore shalt be.

Holy, holy, holy! though the darkness hide thee,
though eye of sinful man thy glory may not see,
only thou art holy, there is none beside thee,
perfect in power, in love, and purity.

Holy, holy, holy! Lord God Almighty!
all thy works shall praise thy name in earth and sky and sea;
holy, holy, holy! merciful and mighty!
God in three persons, blessed Trinity.

Reginald Heber 1783-1826
Tune: Nicea

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and call the people to penitence.

Silence is kept

Loving God, we confess that too often our hearts and minds are centred on earthly things so that we neglect the things of heaven.
Lord, have mercy: **Lord, have mercy.**

Loving God, we confess that too often we turn away from your love and reject your living Word.
Christ, have mercy: **Christ, have mercy.**

Loving God, we confess that too often we fail to love others who are our brothers and sisters, because we are all your children.
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Glory in the highest to the God of heaven!
Peace to all your people through the earth be given:
Mighty God and Father, thanks and praise we bring,
Singing alleluias to our heavenly King.

Jesus Christ is risen, God the Father's Son:
With the Holy Spirit, you are Lord alone!
Lamb once killed for sinners, all our guilt to bear,
Show us now your mercy, now receive our prayer.

Christ the world's true Saviour, high and holy one,
Seated now and reigning from your Father's throne:
Lord and God, we praise you; highest heaven adores:
In the Father's glory, all the praise be yours!

Tune: Camberwell

The Collect

Almighty and everlasting God,
you have given us your servants grace,
by the confession of a true faith,
to acknowledge the glory of the eternal Trinity
and in the power of the divine majesty to worship the Unity:
keep us steadfast in this faith,
that we may evermore be defended from all adversities;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Isaiah 6. 1-8

A reading from the book of the prophet Isaiah.

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty;
and the hem of his robe filled the temple. Seraphs were in attendance above him; each
had six wings: with two they covered their faces, and with two they covered their feet,
and with two they flew. And one called to another and said:

‘Holy, holy, holy is the Lord of hosts;
the whole earth is full of his glory.’

The pivots on the thresholds shook at the voices of those who called, and the house
filled with smoke. And I said: ‘Woe is me! I am lost, for I am a man of unclean lips,
and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of
hosts!’

Then one of the seraphs flew to me, holding a live coal that had been taken from the
altar with a pair of tongs. The seraph touched my mouth with it and said: ‘Now that
this has touched your lips, your guilt has departed and your sin is blotted out.’ Then I
heard the voice of the Lord saying, ‘Whom shall I send, and who will go for us?’ And I
said, ‘Here am I; send me!’

For the word of the Lord:

Thanks be to God.

The Gospel

Please Stand

Father, we adore you,
lay our lives before you:
how we love you!

Jesus, we adore you,
lay our lives before you:
how we love you!

Spirit, we adore you,
lay our lives before you:
how we love you!

Terrye Coelho b.1952
Tune: Father, we adore you

John 3. 1-17

Listen to the Gospel of Christ according to Saint John.

Glory to you, O Lord.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things? 'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord.

Praise to you, O Christ.

The Sermon

Please Sit

An Affirmation of the Faith.

Please Stand

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Intercession

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:
hear our prayer.

Lord, hear us:
Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

We have received a Spirit of adoption when we cry, Abba, Father! It is that very Spirit bearing witness with our spirit that we are children of God.

The peace of the Lord be with you always.
And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

Bright the vision that delighted
once the sight of Judah's seer;
sweet the countless tongues united
to entrance the prophet's ear.

Round the Lord in glory seated
cherubim and seraphim
filled his temple, and repeated
each to each the alternate hymn:

Lord, thy glory fills the heaven;
earth is with its fullness stored;
unto thee be glory given,
holy, holy, holy, Lord.

Heaven is still with glory ringing,
earth takes up the angels' cry,
Holy, holy, holy, singing,
Lord of hosts, the Lord most high.

With his seraph train before him,
with his holy church below,
thus unite we to adore him,
bid we thus our anthem flow:

Lord, thy glory fills the heaven;
earth is with its fullness stored;
unto thee be glory given,
holy, holy, holy, Lord.

*Richard Many 1776-1848 based on Isaiah 6. 1-6
Tune: Laus Deo (Redhead No.46)*

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

Prayer over the Gifts

Living God,
receive all we offer you this day.
Grant that hearing your word and responding to your Spirit,
we may share in your divine life.
We ask this in the name of Jesus Christ our Lord. **Amen.**

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *saying*:

**Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.**

**And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may become the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died

Christ is risen

Christ will come in glory.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, the Virgin Mother of God,

the apostles and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread
We break this bread to share in the body of Christ.
**Though we are many, we are one body
for we all share in one bread.**

**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.**

The Invitation to Holy Communion

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

I come with joy, a child of God,
forgiven, loved and free,
the life of Jesus to recall,
in love laid down for me.

I come with Christians far and near
to find, as all are fed,
the new community of love
in Christ's communion bread.

As Christ breaks bread, and bids us share,
each proud division ends.
The love that made us, makes us one,
and strangers now are friends.

*Brian Wren b.1936
Tune: St Botolph*

Silence is kept

The Sending Out

Please Stand

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

Almighty and eternal God,
you have revealed yourself as Father, Son and Holy Spirit,
and live and reign in the perfect unity of love:
hold us firm in this faith,
that we may know you in all your ways
and evermore rejoice in your eternal glory,
who are three Persons yet one God,
now and for ever. **Amen.**

The Blessing

The Lord be with you
And also with you.

God the Holy Trinity make you strong in faith and love, and guide you in truth and peace. And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Angel voices ever singing
round thy throne of light,
angel-harps for ever ringing,
rest not day nor night;
thousands only live to bless thee
and confess thee
Lord of might.

Thou who art beyond the farthest
mortal eye can scan,
can it be that thou regardest
songs of sinful man?
can we know that thou art near us,
and wilt hear us?
yea, we can.

Yea, we know that thou rejoicest
o'er each work of thine;
thou didst ears and hands and voices
for thy praise design;
craftsman's art and music's measure
for thy pleasure
all combine.

In thy house, great God, we offer
of thine own to thee;
and for thine acceptance proffer
all unworthily
hearts and minds and hands and voices
in our choicest
psalmody.

Honour, glory, might, and merit
thine shall ever be,
Father, Son, and Holy Spirit,
blessèd Trinity.
Of the best that thou hast given
earth and heaven
render thee.

Francis Pott 1832-1909
Tune: Angel Voices

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

Bibles for School. Again we are planning to give a Bible to all those leaving Year 6 at Ysgol Esgob Morgan. If you would like to give a donation towards this please see Fr Rex or Marion Hughes.

Walsingham Day. This is to take place on Saturday 1st June: 11am Walsingham Mass; 12.30pm Lunch; 1.30pm Sprinkling and Healing Liturgy. All those who have been to Walsingham on pilgrimage have been invited but

everyone is welcome. If you would like to come please let Fr Rex know as we need approximate numbers for catering.

Cheese and Wine Evening on Friday 7th June at 7pm Cheese and Wine Evening, exploring Welsh Cheeses. No charge but donations are welcome. Names please to Esther, Marion or Fr Rex, so that we have approximate numbers for catering.

Corpus Christi this year will be transferred to the following Sunday, 2nd June. As well as the normal Sunday morning Eucharist, there will be a special Sung Evening Prayer in the presence of Our Lord in the Blessed Sacrament. This will be at 3.30pm at the Cathedral. A warm welcome is extended to all!

The Week Ahead

27th Monday – Feria

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

28th Tuesday – Melangell, Abbess

9am Morning Prayer
5pm Evening Prayer
6pm Holy Eucharist

29th Wednesday – Feria

9am Morning Prayer
10.30am Holy Eucharist
5pm Evening Prayer

30th Thursday – Feria

9am Morning Prayer

10am Holy Eucharist *at the Parish*

Church

10.45am Prayer Group *at the Parish*

Church

5pm Evening Prayer

31st Friday – The Visitation of the BVM to Elizabeth

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

5pm Evening Prayer

1st Saturday – Justin, Martyr

9am Morning Prayer

11am to 3pm Walsingham Day *at the*

Parish Church

5pm Evening Prayer

2nd Sunday – Corpus Christi

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Sung Evening Prayer in the presence of the Lord in the Blessed Sacrament.

Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

www.stasaphparishchurch.org.uk

Today's Readings

Isaiah 6. 1-8

Isaiah tells of his vision of the Lord in his Temple and how the Lord frees him from his guilt so that he is free to act as the Lord's messenger to his people.

Psalm 29

Romans 8. 12-17

St Paul describes the Spirit that leads the followers of Jesus into a new relationship with God. This is the Spirit of adoption, who brings believers into the family of Christ as children of the God whom we may now call "Father".

John 3. 1-17

In a conversation with Nicodemus, a Jewish leader, Jesus talks about a new birth 'from above' and 'of the spirit' through which all who believe in him may receive eternal life.

