## The Second Sunday of Lent



Today's Gospel reading: John 3: 1-17

Last week, we began the season of Lent and heard about Jesus in the wilderness, being tempted to make wrong choices about his ministry.

This week, we hear the story of Nicodemus, a Pharisee and a member of the Jewish ruling council, coming to see Jesus secretly under cover of darkness to ask him some questions about who he was and how he was doing the things he did.

Jesus told Nicodemus that he needed to be born again, and Nicodemus had a hard time understanding that. Was he supposed to shrink down and become a tiny baby all over again? How could that happen? Jesus explained that this was a different kind of birth. We have physical bodies and physical birth, but being born again happens through the Holy Spirit.

Jesus meant that faith gives us new life. We become a new creation and have a special kind of "birth" that gives us eternal life.

Jesus told Nicodemus that God loved the world so much that he gave up his son, so that *everyone* who believes in him may have eternal life. So this message wasn't just for Nicodemus. It's for us too!

② Do you know what we have to do to receive this eternal life? All we have to do is believe in Jesus and trust in God.



Dear God,

Thank you for sending Jesus to save us.

Thank you that we can have new life through him.

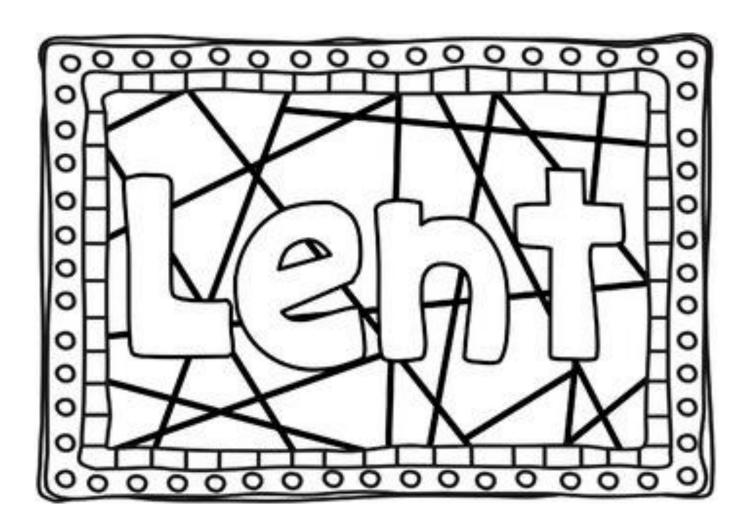
Help us remember that every day.

Thank you for your love.

In Jesus name, Amen!

Did you know that the liturgical colour in Lent is purple. Look for it around the cathedral or church and in the priests' vestments.

You could colour the word "Lent" in purple to remind you!



## Born Again!

In reply Jesus declared, "I tell you the truth, no one can see the kingdom of God unless he is born again." John 3:3 (NIV)

Based on John 3:1-17 (NIV)



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PHARISEE	AGAIN	ETERNAL	MAN	RABBI
BORN	WORLD	KINGDOM	NICODEMUS	FLESH
JESUS	LOVED	TEACHER	LIFE	WATER



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