



THE SUNDAY SHEET  
EPIPHANY 3  
22<sup>ND</sup> JANUARY 2023

*A very warm welcome as we gather for the Parish Eucharist.  
An induction loop is provided.*

*Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks*

ENTRANCE HYMN

Judge eternal, throned in splendour,  
Lord of lords and King of kings,  
with thy living fire of judgement  
purge this realm of bitter things:  
solace all its wide dominion  
with the healing of thy wings.

Still the weary folk are pining  
for the hour that brings release:  
and the city's crowded clangour  
cries aloud for sin to cease;  
and the homesteads and the woodlands  
plead in silence for their peace.

Crown, O Lord, thine own endeavour;  
cleave our darkness with thy sword;  
cheer the faint and feed the hungry  
with the richness of thy word;  
cleanse the body of this nation  
through the glory of the Lord.

*Henry Scott Holland 1847-1918  
Tune: Regent's Square*

## THE COLLECT

Almighty God,  
whose Son revealed in signs and miracles  
the wonder of your saving presence:  
renew your people with your heavenly grace,  
and in all our weakness  
sustain us by your mighty power;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

## ISAIAH 9. 1-4

A reading from the book of the prophet Isaiah.

But there will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations.

The people who walked in darkness  
have seen a great light;  
those who lived in a land of deep darkness—  
on them light has shined.

You have multiplied the nation,  
you have increased its joy;  
they rejoice before you  
as with joy at the harvest,  
as people exult when dividing plunder.

For the yoke of their burden,  
and the bar across their shoulders,  
the rod of their oppressor,  
you have broken as on the day of Midian.

For the word of the Lord:

**Thanks be to God.**

*Alleluia, alleluia,  
give thanks to the risen Lord.  
Alleluia, alleluia,  
give praise to his name.*

Spread the good news o'er all the earth:  
Jesus has died and has risen.

*Alleluia . . . .*

*Donald Fishel b. 1950  
Tune: Alleluia No. 1*

### MATTHEW 4. 12-23

Listen to the Gospel of Christ according to Saint Matthew.  
**Glory to you, O Lord.**

Now when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the lake, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: 'Land of Zebulun, land of Naphtali,  
on the road by the sea, across the Jordan, Galilee of the Gentiles—  
the people who sat in darkness  
have seen a great light,  
and for those who sat in the region and shadow of death  
light has dawned.'

From that time Jesus began to proclaim, 'Repent, for the kingdom of heaven has come near.'

As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the lake—for they were fishermen. And he said to them, 'Follow me, and I will make you fish for people.' Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him. Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## OFFERTORY HYMN

From heav'n you came, helpless babe,  
entered our world, your glory veiled;  
not to be served but to serve,  
and give your life that we might live.

*This is our God, the Servant King,  
he calls us now to follow him,  
to bring our lives as a daily offering  
of worship to the Servant King.*

There in the garden of tears,  
my heavy load he chose to bear;  
his heart with sorrow was torn.  
“Yet not my will but yours,” he said.

Come see his hands and his feet,  
the scars that speak of sacrifice,  
hands that flung stars into space,  
to cruel nails surrendered.

So let us learn how to serve,  
and in our lives enthrone him;  
each other's needs to prefer,  
for it is Christ we're serving.

*Graham Kendrick b.1950  
Tune: The Servant Song*

## PRAYER OVER THE GIFTS

We pray you, Lord Jesus,  
take the old water, our busy conscientious lives,  
and turn them into gospel wine,  
that everyone who thirsts may see your life;  
who are alive and reign, now and for ever. **Amen.**

## HYMN AT THE END OF COMMUNION

King of kings, Majesty  
God of Heaven living in me  
Gentle Saviour, closest friend  
Strong Deliverer, beginning and end  
All within me falls at Your throne.

*Your Majesty, I can but bow  
I lay my all before You now  
In royal robes I don't deserve  
I live to serve Your Majesty.*

Earth and Heaven worship You  
Love eternal, Faithful and True  
Who bought the nations, ransomed souls  
Brought this sinner near to Your throne  
All within me cries out in praise.

*Jarrold Cooper*

## POST COMMUNION PRAYER

Almighty Father,  
whose Son our Saviour Jesus Christ is the light of the world:  
may your people,  
illuminated by your word and sacraments,  
shine with the radiance of his glory,  
that he may be known, worshipped, and obeyed  
to the ends of the earth;  
for he is alive and reigns, now and for ever. **Amen.**

## FINAL HYMN

King of glory, King of peace,  
I will love thee;  
and, that love may never cease,  
I will move thee.  
Thou hast granted my request,  
thou hast spared me;  
thou didst note my working breast,  
thou hast spared me.

Wherefore with my utmost art  
I will sing thee,  
and the cream of all my heart  
I will bring thee.  
Though my sins against me cried,  
thou didst clear me,  
and alone, when they replied,  
thou didst hear me.

Seven whole days, not one in seven,  
I will praise thee;  
In my heart, though not in heaven,  
I can raise thee.  
Small it is, in this poor sort  
to enrol thee:  
e'en eternity's too short  
to extol thee.

*George Herbert 1593-1633*  
*Tune: Gwalchmai*

## NOTICES

**Refreshments.** Please do join us for refreshments after the service if you can.

**Foodbank.** The Foodbank box is now back in the Parish Church. Donations gratefully received.

**Praying for Growth.** Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer (*card copies are available at the back of the Church*):

*God of Mission,  
Who alone brings growth to your Church,  
Send your Holy Spirit to give  
Vision to our planning,  
Wisdom to our actions,  
Joy to our worship,  
And power to our witness.  
Help our church to grow in numbers,  
In spiritual commitment to you,  
And in service to our local community,  
Through Jesus Christ our Lord. Amen.*

**Prayer Circle.** For some time now we have had a group of people praying in their own homes for the needs of the Mission Area. An email is sent out once a month with suggestions of what to pray for. If you think you would like to be a part of this group, please send your email address to [berylpt@hotmail.co.uk](mailto:berylpt@hotmail.co.uk) who will pass on the relevant information.

**An Epiphany Carol Service** to mark the end of the Christmas/Epiphany Season of Light will take place at the Cathedral on Sunday 29<sup>th</sup> January at 3.30pm.

**The annual diocesan Welsh-language Plygain** returns to the cathedral after a three-year break. It will take place on Friday 27 January, at 7pm. All are most welcome. Croeso cynnes iawn i bawb!

Do come and experience this unique evening of traditional Welsh carol singing with contributions from groups across the diocese. The evening begins with a short form of Hwyl Weddi and ends with a light supper for all.

**Walsingham Pilgrimage.** Our annual pilgrimage to Walsingham will take place from 7<sup>th</sup> to 11<sup>th</sup> August 2023. If you are interested in joining the group, please speak to Fr Rex as soon as possible.

## THE WEEK AHEAD

### 23<sup>rd</sup> Monday – Feria

9am Morning Prayer

9.30am Holy Eucharist *at the Cathedral*

5pm Evening Prayer

### 24<sup>th</sup> Tuesday – Francis de Sales,

**Bishop**

9am Morning Prayer

6pm Evening Prayer

7pm Holy Eucharist *at the Cathedral*

### 25<sup>th</sup> Wednesday – The Conversion of Paul, Apostle

9am Morning Prayer

10.30am Holy Eucharist *at the Cathedral*

5pm Evening Prayer

**26<sup>th</sup> Thursday – Timothy & Titus,  
Companions of Paul**

9am Morning Prayer

10am Holy Eucharist *at the Parish Church*

10.45am Prayer Group *at the Parish Church*

5pm Evening Prayer

**27<sup>th</sup> Friday – John Chrysostom,  
Bishop & Doctor**

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

6pm Choral Evensong

7pm Diocesan Plygain Service

**28<sup>th</sup> Saturday – Thomas Aquinas,  
Doctor**

9am Morning Prayer

5pm Evening Prayer

**29<sup>th</sup> Sunday – Epiphany 4**

9.30am The Parish Eucharist

11am The Cathedral Eucharist

3.30pm Epiphany Carol Service

Contact:

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Fr Rex: 07393 639813

Parish Church Website:

[www.stasaphparishchurch.org.uk](http://www.stasaphparishchurch.org.uk)