Easter Day



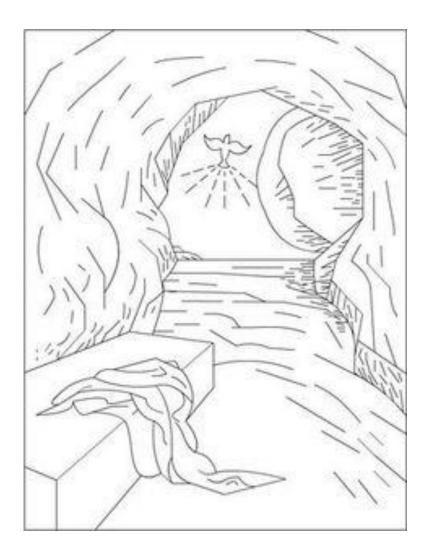
He is risen indeed!
Alleluia!

Today we celebrate that Jesus is alive! God's love is stronger even than death!

Happy Easter!

In our Gospel reading, we hear about the events of the first Easter Day. Listen carefully! This is the best news ever!

For older children:



How do you think we would have felt if we had been at the empty tomb on that first Easter morning?

You might like to read the accounts of Christ's resurrection in the other three gospels – Matthew, Mark and Luke. Together, they give us a fuller picture of events and, reading on, we begin to see the realisation and the effect of Christ's resurrection on the lives of his disciples. They are no longer afraid, but speak out about Jesus and the Easter message of new life!

Why Easter Eggs?



Many of us enjoy chocolate eggs at Easter, but do you know how this custom developed?

As with many customs, we start with symbolism. Eggs themselves are a symbol of new life, but Christians also believe hollow eggs symbolise the empty tomb of Jesus.

The Easter egg can be traced back to early Christians in Mesopotamia. It is thought that the custom spread from there to Eastern Europe and then to other parts of Europe. Originally, chickens' eggs were dyed and painted. The first chocolate eggs appeared in France and Germany in the 19th Century, but they were bitter and hard. As chocolatemaking techniques improved, hollow eggs like the ones we have today were developed, quickly becoming popular and a favourite tradition today.

Real eggs are still used as part of celebrations in Central and Eastern Europe. These beautifully patterned eggs are from Ukraine:

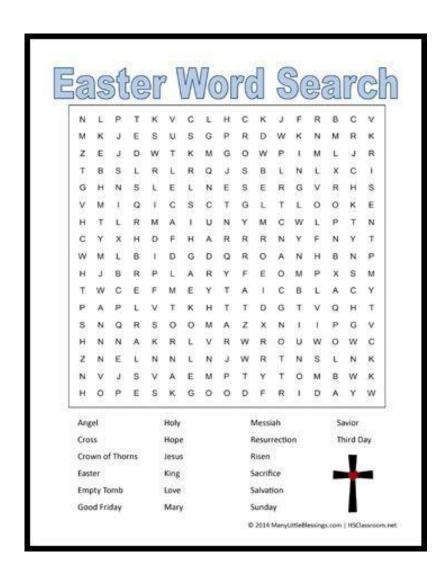


As we celebrate Easter today, let's remember the people of Ukraine in our prayers. The will celebrate Easter with the Eastern Orthodox Church next Sunday, 24 April. In Ukrainian, Easter is called Velykden (The Great Day).

It will be very difficult for the people of Ukraine to celebrate Easter this year, but many of them will still be praising God for raising Jesus from the dead and showing the world that God's love is stronger than anything, even than death. ⚠ A prayer for this week: This prayer comes from an old Roman ritual and would be a lovely prayer to use to bless our Easter eggs before we dive into them! (Not sure whether the chocolate versions count as "healthful food" but enjoy them anyway!)

"Lord, let the grace of your blessing come upon these eggs, that they be healthful food for your faithful who eat them in thanksgiving for the resurrection of our Lord Jesus Christ, who lives and reigns with you forever and ever. Amen."

You will find some activities and pictures to colour on the following pages and, if you are with us in the cathedral at 11am, there are some additional activities on the tables.

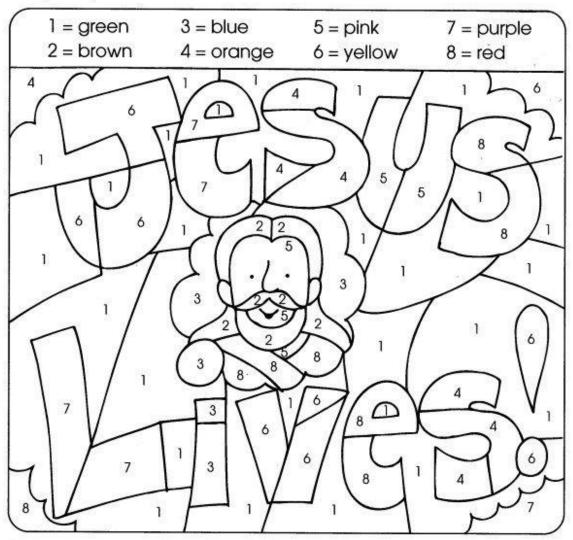


Jesus Is Alive!

(John 20)

At the empty tomb, Mary Magdalene talked to a man. She thought he was a gardener. But then she saw that the man was really Jesus! He had risen from the dead and was alive again!

Color the picture using the code. Cut it out and tape it up so you can be reminded of this wonderful truth!



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#7100 Bible Brain Teasers

