



THE SUNDAY SHEET
LENT 3
20TH MARCH 2022

*A very warm welcome as we gather for the Parish Eucharist.
An induction loop is provided. To use, please turn your hearing aid to T.*

***Gluten free wafers are available** for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks*

ENTRANCE HYMN

As the deer pants for the water,
so my soul longs after you.
You alone are my hearts desire
and I long to worship you.

*You alone are my strength, my shield,
to you alone may my spirit yield.
You alone are my heart's desire
and I long to worship you.*

I want you more than gold or silver,
only you can satisfy.
You alone are the real joy-giver
and the apple of my eye.

You're my Friend and you're my Brother,
even though you are a king.
I love you more than any other,
so much more than anything.

Music & Words: Martin J. Nystrom b.1956

THE COLLECT

Almighty God,
whose most dear Son went not up to joy but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

I CORINTHIANS IO. I-13

A reading from the first letter of Paul to the Corinthians.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, 'The people sat down to eat and drink, and they rose up to play.' We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

For the word of the Lord:

Thanks be to God.

Praise to you, O Christ, our Saviour,
 Word of the Father, calling us to life;
 Son of God who leads us to freedom;
 glory to you, Lord Jesus Christ.

You are the Word who calls us out of darkness;
 you are the Word who leads into light;
 you are the Word who brings us through the desert:
 glory to you, Lord Jesus Christ.

Praise to you, O Christ, our Saviour,
 Word of the Father, calling us to life;
 Son of God who leads us to freedom;
 glory to you, Lord Jesus Christ.

Bernadette Farrell b.1957

LUKE 13. 1-9

Listen to the Gospel of Christ according to Saint Luke.

Glory to you, O Lord.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, 'Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.'

Then he told this parable: 'A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, "See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?" He replied, "Sir, let it alone for one more year, until I dig round it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down."'

This is the Gospel of the Lord.

Praise to you, O Christ.

OFFERTORY HYMN

'Lift up your hearts!' We lift them, Lord, to thee;
here at thy feet none other may we see:
'lift up your hearts!' E'en so, with one accord,
we lift them up, we lift them to the Lord.

Lift every gift that thou thyself hast given:
low lies the best till lifted up to heaven;
low lie the bounding heart, the teeming brain,
till, sent from God, they mount to God again.

Then, as the trumpet-call in after years,
'Lift up your hearts!' rings pealing in our ears,
still shall those hearts respond with full accord,
'We lift them up, we lift them to the Lord!'

Henry Montagu Butler 1833-1918
Tune: Woodlands

PRAYER OVER THE GIFTS

Almighty God,
your beloved Son, for love of us,
willingly offered himself to endure the cross,
its agony and its shame:
give us grace to take up our cross
and to follow him in humility and love;
who is alive and reigns,
now and for ever. **Amen.**

HYMN AT THE END OF COMMUNION

Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I Come.

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears within, without,
O Lamb of God, I come.

Just as I am, of that free love
the breadth, length, depth, and height to prove,
here for a season, then above,
O Lamb of God, I come.

Charlotte Elliott 1769-1871
Tune: Saffron Walden

POST COMMUNION PRAYER

We beseech you, almighty God,
look upon the heartfelt desires of your humble servants,
and stretch forth the right hand of your majesty,
to be our defence against all our enemies;
through Jesus Christ our Lord. **Amen.**

FINAL HYMN

Through the night of doubt and sorrow
onward goes the pilgrim band,
singing songs of expectation,
marching to the promised land.

One the light of God's own presence
o'er his ransomed people shed,
chasing far the gloom and terror,
brightening all the path we tread:

One the strain that lips of thousands
lift as from the heart of one;
one the conflict, one the peril,
one the march in God begun:

One the gladness of rejoicing
on the far eternal shore,
where the one almighty Father
reigns in love for evermore.

Bernhard Severin Ingemann 1789-1862
tr. Sabine Baring-Gould 1834-1924
Tune: Marching

TODAY'S READINGS

ISAIAH 55. 1-9

Isaiah calls us to hear and come to God's life-giving promise and purpose.

1 CORINTHIANS 10. 1-3

The Bible is full of examples of sinners like us who failed to keep faith with our faithful God.

LUKE 13. 1-9

Just as the keeper had the fig tree's life spared just a little longer to see true fruitful change, so too has a breathing-space been left for our own radical change of direction to embrace Christ wholeheartedly.

NOTICES

Covid 19 Please use the hand sanitiser and **please do continue wear a face covering** when coming to church. Please take care to keep one another safe.

Communion. Would those who sit in the main please remain seated until a steward directs you to go for Holy Communion. As we continue to try to keep each other safe, it works so much better if those how sit at the back go forward first. Thank you!

Refreshments. Do join us for coffee after the Eucharist this morning. No charge but donations gratefully received.

Electoral Roll. The Church Electoral Roll is being completely renewed this year. Please complete a form and return it to church as soon as possible. Thank you!

Night Prayer (Compline)

There will be Night Prayer (Compline) on Wednesday evenings during Lent at 7.30pm in the stillness of the Cathedral. Night Prayer is a lovely and fitting end to the day.

Easter Flowers. Donations for Easter Flowers are now being invited in memory of departed loved ones. Please use the envelopes which can be found on the table at the back of the Church. Thank you.

Annual Meeting. This takes place on 31st March in Church and all those on the Electoral Roll are encouraged to attend. Please make nominations to the Church Committee, the office of Peoples' Warden etc on the nomination forms on the table near the Church door.

THE WEEK AHEAD

21st Monday – Cranmer, Latimer, Ridley & Ferrar

9am Morning Prayer

9.30am Holy Eucharist *at the Cathedral*

5pm Evening Prayer

22nd Tuesday – Feria

9am Morning Prayer

6pm Evening Prayer

7pm Holy Eucharist *at the Cathedral*

7pm Bible Study *via Zoom*

23rd Wednesday – Feria

9am Morning Prayer

10.30am Holy Eucharist *at the Cathedral*

5pm Evening Prayer

7.30pm Compline

**24th Thursday – Oscar Romero,
Bishop & Martyr**

9am Morning Prayer

10am Holy Eucharist *at the Parish Church*

2pm MU Festival *at the Cathedral*

5pm Evening Prayer

**25th Friday – The Annunciation of
Our Lord to the Blessed Virgin
Mary**

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

4.30pm Evening Prayer

6pm Choral Eucharist

26th Saturday – Feria

9am Morning Prayer

12noon Holy Eucharist & meeting of
Walsingham Pilgrims *at the Parish Church*

5pm Evening Prayer

**27th Sunday – Lent 4 Mothering
Sunday**

9.30am All-Age Eucharist

11am The Cathedral Eucharist

3.30pm Choral Evensong

Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

www.stasaphparishchurch.org.uk