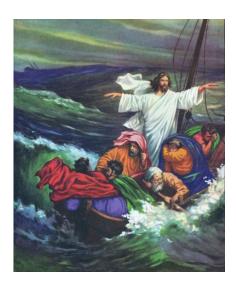
Sunday 20th February 2022



2nd Sunday before Lent

Today's Gospel reading is from Luke's Gospel, chapter 8: verses 22-25. It is a story which teaches us that we can always have faith in Jesus and never need to be afraid.

One day Jesus got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?' They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

We've experienced some really stormy weather this week, so we can sympathise with Jesus's disciples! Wind and water can be very frightening.

The Sea of Galilee, or Lake Galilee, is notorious for sudden squalls, coming down from the hills. When Jesus and his friends set off in the boat, it was relatively calm – and Jesus, tired from teaching the many people who wanted to hear him, even went to sleep!

Our Gospel reading tells us what happened next. Things became very rough and the disciples were afraid they were going to drown, but Jesus calmed the storm. This made them wonder who exactly their friend was, that even the wind and the water obeyed him!



Some questions for you to think about
 no right or wrong answers, just your answers!

How do you think the disciples felt when the storm blew up?

What was Jesus doing? What does this tell you about what Jesus thought about the storm?

It's easy to see why the disciples were afraid, but should they have been so fearful?

Should we be afraid when bad things are happening to us?

If Jesus could make the storm stop and help his disciples, do you think he could help you with your problems?

Who do you think Jesus is?

The disciples should have known that Jesus could help them and they should have turned to Jesus first, rather than waiting until the boat was filling with water!

Just like Jesus's first disciples, we should never be afraid, because we know that Jesus is with us and can help us through anything – however difficult it seems.

Jesus is powerful enough to help us with any problem. Sometimes, things can seem overwhelming and we don't know where to turn for help. It's so easy to forget that we can always turn to Jesus. Instead of trying everything else first and trying to solve problems ourselves, Jesus wants us to turn to him straightaway – as soon as we are feeling as if we are in a stormy time. Jesus wants us to have faith in him.

For our prayer this week, let's ask Jesus to help us to remember this:

Loving Lord, help us always to remember that, however we feel and however anxious we might be about things that are happening in our lives, you are always with us and ready to calm things down around us. Increase our faith and remind us to ask you first! Amen

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Jesus Calmed the Storm Secret Code

Each number stands for a letter of the alphabet. Write the correct letter in the blank to find the coded words and phrase.

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