

THE SUNDAY SHEET TRINITY 12 – 22ND AUGUST 2021

A very warm welcome as we gather for the Parish Eucharist.

An induction loop is provided. To use, please turn your hearing aid to T.

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

Entrance Hymn

Angel voices ever singing round thy throne of light, angel-harps for ever ringing, rest not day nor night; thousands only live to bless thee and confess thee Lord of might.

Thou who art beyond the farthest mortal eye can scan, can it be that thou regardest songs of sinful man? can we know that thou art near us, and wilt hear us? yea, we can.

Yea, we know that thou rejoicest o'er each work of thine; thou didst ears and hands and voices for thy praise design; craftsman's art and music's measure for thy pleasure all combine.

In thy house, great God, we offer of thine own to thee; and for thine acceptance proffer all unworthily hearts and minds and hands and voices in our choicest psalmody.

Honour, glory, might, and merit thine shall ever be, Father, Son, and Holy Spirit, blessèd Trinity. Of the best that thou hast given earth and heaven render thee.

Francis Pott 1832-1909

Tune: Angel Voices

THE COLLECT

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire of deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and meditation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

EPHESIANS 6. 10-20

A reading from the letter of Paul to the Ephesians.

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and

fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

For the word of the Lord **Thanks be to God.**

THE GOSPEL Please Stand

Alleluia, alleluia, We do not live by bread alone, but by every word that comes from the mouth of God. **Alleluia.**

John 6. 56-69

Listen to the Gospel of Christ according to Saint John.

Glory to you, O Lord.

Jesus said:

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord,

to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Prayer over the Gifts

God of life and health,
in your Son Jesus Christ we find forgiveness of all that is past:
grant that in this eucharist today we may find the healing of
all our sins;
we ask this in the name of Jesus Christ our Lord. **Amen.**

Hymn at the end of Communion

Bread of life, truth eternal, Broken now to set us free. The risen Christ, his saving power, Is here in Bread and Wine for me.

Lord, I know I am not worthy to receive you. You speak the words and I am healed. Here at your table, Love's mystery: One bread, one cup, one family.

Lord by your cross, you reconciled us to the Father. We have only to believe.
Your sacrifice, our victory,
Now by your blood we are redeemed.

Lord, you gave your people manna in the desert, Still you fulfil our every need. Lord when we hunger, Lord, when we thirst, We come to you and we receive

Words & Music by Joanne Boyce & Mike Stanley

Post Communion Prayer

God of compassion, in this eucharist you have set aside our sins and given us your healing: grant that we who are made whole in Christ may bring that healing to this broken world, in the name of Jesus Christ our Lord. **Amen.**

CCL No: 961722

TODAY'S READINGS

JOSHUA 24. I-2A, I4-I8

Choose this day whom you will serve: the Lord who has chosen you or the gods of other people?

Ephesians 6. 10-20

Be strong in the Lord and avail yourself of the gifts he has given. Take on the whole armour of God and you will stand firm.

John 6. 56-69

Jesus makes startling claims about himself that are hard to hear, yet there is abundant life for those who are not offended and abide in him.

Notices

Covid 19 Please use the hand sanitiser, complete the Track & Trace form, and please continue wear a face covering when coming to church. Some changes are being made as restrictions ease but please take care to keep one another safe.

Service Booklets. Please do take this reading sheet away with you after the service but please leave the service booklet on your seat. The booklets are quarantined until the following Sunday. Thank you!

Prayers. Please continue to pray for the current situation with Covid 19 and for all those who suffer especially the anxious. Please pray too for the recovery and reconstruction of the Church both now and when this crisis is over. Pray for the renewal and growth of the Church in this place.

Organ Recitals. A small series of organ recitals is taking place over the summer. The next, and final one of the series, is as follows:

Wednesday 1st September at 7.30pm – Richard Lea (Liverpool Metropolitan Cathedral) – there will be a retiring collection afterwards.

Coffee. Please join us for refreshments in the marquee in the grounds of the church after the service. There will be a plate available for donations towards the refreshments. Thank you!

THE WEEK AHEAD

23rd Monday – Tydfil, Martyr 12noon Holy Eucharist *at the Cathedral*

24th Tuesday – Bartholomew, Apostle

7pm Holy Eucharist at the Cathedral

25th Wednesday – Feria 10.30am Holy Eucharist *on Zoom*

26th Thursday - Feria

10am Holy Eucharist at the Parish Church 10.45am Prayer Group at the Parish

Church

12noon to 4.30pm Parish Church open for private prayer and for visitors

27th Friday – Monica, Mother of Augustine of Hippo

9.30am Offeren (Welsh Eucharist) at the Cathedral

29th Sunday – Trinity 13

9.30am The Parish Eucharist 11am The Cathedral Eucharist Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

 $\underline{www.stasaphparishchurch.org.uk}$