

Offeren y Gadeirlan ar gyfer GARAWYS



The Cathedral Eucharist for LENT

Sunday 28th February 2021 Lent 2

Hymn

New every morning is the love Our wakening and uprising prove; Through sleep and darkness safely brought, Restored to life, and power, and thought.

New mercies, each returning day, Hover around us while we pray; New perils past, new sins forgiven, New thoughts of God, new hopes of heaven.

Joh Keble 1792-1866

Tune: Melcombe, Samuel Webbe the elder 1740-1816

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Grace and peace be with you and keep you in the love of Christ.

The priest offers words of welcome and introduces the Eucharist

Father of glory, holy and eternal, look upon us now in power and mercy. May your strength overcome our weakness, your radiance transform our blindness, and your Spirit draw us to that love shown and offered to us by your Son, our Saviour Jesus Christ. Amen.

PENITENTIAL RITE

The Kyrie is sung

Silence

Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light. Amen.

Almighty God, who forgives all who truly repent, have mercy on you and set you free from sin, strengthen you in goodness and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Collect

Let us pray:

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

ROMANS 4. 13-25

A reading from the letter of Paul to the Romans.

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations', according to what was said, 'So numerous shall your descendants be.' He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith 'was reckoned to him as righteousness.' Now the words, 'it was reckoned to him', were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

For the word of the Lord

Thanks be to God.

PSALM 22. 22-31

R: My God, my God, why have you forsaken me?

I will tell of your name | to my people; in the midst of the congregation | will I praise you. Praise the Lord, | you that fear him; O seed of Jacob, glorify him; * stand in awe of him, O | seed of Israel. R:

For he has | not despised nor abhorred the suffering | of the poor; neither has he hid | den his face from them; but when they cried to | him he heard them. **R:**

From you comes my praise in the great | congregation; I will perform my vows in the presence of | those that fear you.

The poor shall eat | and be satisfied; those who seek the Lord shall praise him; * their hearts shall | live for ever. R:

All the ends of the earth shall remember and turn | to the Lord, and all the families of the nations shall | bow before him. For the kingdom | is the Lord's and he rules o | ver the nations. **R**:

How can those who sleep in the earth bow down in worship, *
or those who go down to the dust | kneel before him?
He has saved my life for himself; *
my descen | dants shall serve him;
this shall be told of the Lord for genera | tions to come.
They shall come and make known his salvation,
to a people yet unborn, *
declaring that he, the | Lord, has done it. *R*:

R: My God, my God, why have you forsaken me?

Mark 8. 31-38

Praise to you, O Christ, King of eternal glory. O that today you would listen to his voice. Harden not your hearts. Praise to you, O Christ, King of eternal glory.

Listen to the Gospel of Christ according to Saint Mark.

Glory to you, O Lord.

Jesus began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.' He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Praise to you, O Christ, King of eternal glory.

THE SERMON The Dean

THE AFFIRMATION OF FAITH

A Baptismal Creed

I believe and trust in God the Father, who created all that is.

I believe and trust in his Son Jesus Christ, who redeemed humankind.

I believe and trust in his Holy Spirit, who gives life to the people of God.

I believe and trust in one God, Father, Son and Holy Spirit. Amen.

THE INTERCESSION

Lord, in your mercy: Or Lord, hear us:

hear our prayer. Lord, graciously hear us.

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

THE PEACE

Now that we have been justified through faith, we are at peace with God through our Lord Jesus Christ.

The peace of the Lord be with you always. **And also with you.**

Hymn

Be thou my vision, O Lord of my heart, Be all else but naught to me, save that thou art, Be thou my best thought in the day and the night, Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word Be ever with me, and I with thee, Lord, Be thou my great Father, and I thy true son, Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight, Be thou my whole armour, be thou my true might, Be thou my soul's shelter, be thou my strong tower, O raise thou me heavenwards, great Power of my power.

> Irish c8th century Tr. Mary Byrne 1880-1931 Versified Eleanor Hull 1860-1935 Tune: Slane, Trad Irish Melody

THE THANKSGIVING

We celebrate together the gifts and grace of God. We take this bread, we take this wine to follow Christ's example and obey his command.

THE PRAYER OVER THE CIFTS

Grant, O Lord, that as we lift up these earthly gifts in the name of your Son Jesus Christ, so we may share in the heavenly banquet of his eternal life, who is alive and reigns, now and for ever. **Amen.**

Eucharistic Prayer (4)

The Lord be with you. **And also with you.**

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy at all times and in all places to give you thanks, holy Father, all-powerful and everliving God, through Jesus Christ our Lord.

Who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone but for him who died for us and rose again.

And so with the hosts of angels and all the company of heaven we proclaim the glory of your name and join in their unending hymn of praise:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

All praise and thanks to you, true and living God, Creator of all things, Giver of life.
You formed us in your own image; but we have marred that image and fall short of your glory. We give you thanks that you sent your Son to share our life; you gave him up to death that the world might be saved, and you raised him from the dead that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us, that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread, and when he had given thanks he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you: do this in remembrance of me.

In the same way after supper he took the cup, and when he had given thanks he gave it to them, saying,

Drink from this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins: do this as often as you drink it in remembrance of me.

Let us proclaim the mystery of faith: Christ has died. Christ is risen. Christ will come in glory. As he has commanded us, Father, we remember Jesus Christ, your Son. Proclaiming his victorious death, rejoicing in his resurrection and waiting for him to come in glory we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise.
Restore and revive your people,
renew us and all for whom we pray
with your grace and heavenly blessing,
and at the last receive us with all your saints
into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him, in the unity of the Holy Spirit all honour and glory are yours, almighty Father, for ever and ever. **Amen.**

Silence

Let us pray with confidence to the Father:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread, forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil.

For the kingdom, the power and the glory are yours, now and for ever. Amen.

The priest breaks the bread

Every time we eat this bread and drink of this cup we proclaim the Lord's death until he comes.

Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
grant us peace.

Jesus is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper. Lord, I am not worthy to receive you, but only say the word and I shall be healed.

As the priest receives Holy Communion, you may like to pray this prayer for Spiritual Communion

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

MOTET

View me, Lord, a work of thine! Shall I then lie downed in night? Might thy grace in me but shine, I should seem made all of light.

Cleanse me, Lord, that I may kneel
At thine altar pure and white;
They at once thy mercies feel,
Gaze no more on earth's delight.

Worldly joys like shadows fade When the heavenly light appears; But the covenants Thou hast made, Endless, know not days nor years.

In thy word, Lord, is my trust,
To thy mercies fast I fly;
Though I am but clay and dust,
Yet thy grace can lift me high.

Words: Thomas Campion 1567 — 1620 Music: Richard Lloyd b. 1933

Post Communion

Give thanks to the Lord for he is gracious: his love is everlasting.

Creator of heaven and earth, we thank you for these holy mysteries given us by our Lord Jesus Christ, by which we receive your grace and are assured of your love, now and for ever. **Amen.**

THE BLESSING

The Lord be with you.

And also with you.

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord. In the name of Christ. Amen.

Hymn

Praise to the Holiest in the height, And in the depth be praise, In all his words most wonderful, Most sure in all his ways.

O loving wisdom of our God! When all was sin and shame, A second Adam to the fight And to the rescue came.

And in the garden secretly, And on the cross on high, Should teach his brethren, and inspire To suffer and to die.

Praise to the Holiest in the height, And in the depth be praise, In all his words most wonderful, Most sure in all his ways.

> John Henry Newman 1801-90 Tune: Gerontius, J B Dykes 1823-76

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