



CADEIRLAN
LLANELWY
ST ASAPH
CATHEDRAL

ARDAL
CENHADAETH
ELWY
MISSION AREA



An induction loop is provided. To use, please turn your hearing aid to T.

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

9TH FEBRUARY 2020 – THE 3RD SUNDAY BEFORE LENT

TODAY'S SERVICES:

8am Holy Eucharist

at the Cathedral

(The Service begins on Page 157)

9.30am The Parish Eucharist

Hymns: See Hymn Leaflet

11am The Cathedral Eucharist

Hymns: 494; 302; 466

Mass: Communion Service in G, Francis Jackson

Psalm: 112. 1-9

Motet: Ave Verum, William Byrd

Preacher: The Dean

Voluntary: Sonata 4, 1st Mvt, Mendelssohn

3.30pm Choral Evensong

Responses: Martin Neary

Office Hymn: 431

Psalms: 1, 3 & 4

Setting: The 4th Evening Service, Adrian Batten

Anthem: Thou knowest Lord, Henry Purcell

Hymn: 383 (omit vs 3)

Voluntary: Introduction & Minuet Suite
Gothique, Boellman

Before the service: spend some time in quiet prayer, preparing to meet the Lord in this act of worship.

If you would like to find out more about the Christian faith please contact:

Email: precentor@stasaphcathedral.wales

Tel: 01745 532581(Office)

COLLECT

Almighty God,
who alone can bring order
to the unruly wills and passions of sinful
humanity: give your people grace
so to love what you command and to
desire what you promise, that, among the
many changes of this world,
our hearts may surely there be fixed
where true joys are to be found;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

ISAIAH 58. 1-9A

A reading from the book of the prophet
Isaiah.

Shout out, do not hold back!

Lift up your voice like a trumpet!
Announce to my people their rebellion,
to the house of Jacob their sins. Yet day
after day they seek me

and delight to know my ways,
as if they were a nation that practised
righteousness and did not forsake the
ordinance of their God; they ask of me

*Welcome to St Asaph Cathedral and St Asaph
Parish Church today. We are a community that
seeks to enfold all people in the love of God. If
you wish to speak to a priest after the service, if
you wish to find a corner to pray, if you wish
simply to find some peace, please feel free and
welcome to do so. We warmly invite all those who
are baptised to receive Holy Communion with us
today. (Children at the discretion of parents).*

righteous judgements, they delight to draw near to God. ‘Why do we fast, but you do not see? Why humble ourselves, but you do not notice?’

Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

For the word of the Lord
Thanks be to God.

PSALM 112. 1-9

**R: Great is the glory of the Lord.
Alleluia.**



Alleluia. Blessed are those who fear the Lord and have great delight in his commandments. Their descendants will be mighty in the land, a generation of the faithful that will be blest. **R:**

Wealth and riches will be in their house, and their righteousness endures for ever. Light shines in the darkness for the upright; gracious and full of compassion are the righteous. **R:**

It goes well with those who are generous in lending and order their affairs with justice, For they will never be shaken; the righteous will be held in everlasting remembrance. **R:**

They will not be afraid of any evil tidings; their heart is steadfast, trusting in the Lord. Their heart is sustained and will not fear, until they see the downfall of their foes. **R:**

They have given freely to the poor; their righteousness stands fast for ever; their head will be exalted with honour.

The wicked shall see it and be angry; they shall gnash their teeth in despair; the desire of the wicked shall perish. **R:**

1 CORINTHIANS 2. 1-12

A reading from the first letter of Paul to the Corinthians.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have

crucified the Lord of glory. But, as it is written, ‘What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him’—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God’s except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

For the word of the Lord
Thanks be to God.

MATTHEW 5. 13-20

Listen to the Gospel of Christ according to Saint Matthew.

Glory to you, O Lord.

Jesus said:

‘You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

‘You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

The Law and the Prophets

‘Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is

accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

This is the Gospel of the Lord.
Praise to you, O Christ.

PRAYER OVER THE GIFTS

God our sustainer,
in this holy sacrament feed us continually with that bread which satisfies all hunger, your Son Jesus Christ our Lord. **Amen.**

POST COMMUNION

Merciful Father,
who gave Jesus Christ to be for us the bread of life, that those who come to him should never hunger: draw us to the Lord in faith and love, that we may eat and drink with him at his table in the kingdom, where he is alive and reigns, now and for ever. **Amen.**

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<p>CATHEDRAL FLOWERS <i>Donated by Mary Pierce</i> <i>in memory of</i> <i>Jimmy Pemberton</i></p>
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NOTICES

Refreshments. Please join us for refreshments after the 9.30am and 11am Eucharists.

Parish Lunch The next Parish Lunch will be held at the **Bod Erw at 1300h on Sunday 23rd February.** (Main course £12.00; Desserts £4.50) Menus are

being distributed so that you can make your choices in advance (before Thursday 20th February please). We shall be using a downstairs dining area. Please let John Solbé know ASAP if you will attend.

Tea at Two, formerly Froget-me-not tea on Thursday, February 13th at 2:30 pm in Llanelwy Community Church. This is a dementia-friendly event with various activities followed by tea. All welcome.

Mothers Union meeting on Wednesday 9th February 2pm at the Old Palace. A talk by Tim Feak, Under 25's Officer. A warm welcome to all.

Easter Flowers at the Cathedral.

Donations for Easter Flowers are now being invited in memory of departed loved ones. Please add names of loved ones to the list which can be found on the table in the south transept, and put donations in the envelopes provided. Thank you.

Choir Association AGM takes place in the Cathedral on Thursday 5th March at 7pm. All Choir Association members are encouraged to attend.

Electoral Roll. This has to be completely renewed every 5 years and 2020 is a year for it to be done. Please pick up a form and return as soon as possible to Duncan Cameron (Parish Church) or one of the Stewards (Cathedral). Thank you!

Prayer Group. The Prayer Group that was meeting in the Parish Church has re-started and meets in the Translators chapel every Wednesday morning at 11:30. All welcome.

THE WEEK AHEAD

10th Monday – Feria

9am Morning Prayer
9.30am Holy Eucharist
6pm Evening Prayer

11th Tuesday – Feria

9am Morning Prayer
6pm Evening Prayer
7pm Holy Eucharist

12th Wednesday – Feria

9am Morning Prayer
10.30am Holy Eucharist
11.30am Prayer Group
6pm Evening Prayer

13th Thursday – Feria

9am Morning Prayer
10am Holy Eucharist
6pm Evening Prayer

14th Friday – Cyril & Methodius

9am Morning Prayer
9.30am Offeren
6pm Choral Evensong

15th Saturday – Feria

9am Morning Prayer
6pm Evening Prayer

16th Sunday – The 2nd Sunday before Lent

8am Holy Eucharist
9.30am The Parish Eucharist
11am The Cathedral Eucharist
3.30pm Choral Evensong

Contact: 01745 532581 (Diocesan Office)

Cathedral Website: stasaphcathedral.wales

Parish Church Website:
stasaphparishchurch.org.uk